

Behavioral Health Monthly Report

November 19, 2010

Acute Care System Task Force (ACSTF) and Redesign Oversight Committee (ROC)

Summary of the October 19 combined meeting:

- Representatives from the Addictions Receiving Facility (ARF) at First Step, Bayside Center for Behavioral Health at Sarasota Memorial Hospital (SMH), the Crisis Stabilization Unit (CSU) at Coastal Behavioral Healthcare (CBH), and Doctors Hospital, attended both meetings to represent the acute care facilities.
- Representatives from the Sarasota Sheriff's Office (SSO), the Sarasota Police Department (SPD), and the North Port Police Department (NPPD) attended both meetings to represent law enforcement.
- Representatives from Sarasota County Human Services (SCHS) attended both meetings to represent the funders.
- A representative from Ambitrans attended both meetings to represent the county funded Baker Act and Marchman Act transportation provider.
- A representative from Central Florida Behavioral Health Network (CFBHN) attended both meetings to represent the Managing Entity.
- A representative from Mental Health Community Centers attended both meetings to represent the community partners.
- All were in agreement that the implementation of the Transportation Exception Plan (TEP) that was approved by the Secretary of the Department of Children and Families (DCF) on September 27 proceeded without any issues.
 - Captain Vespia, with the NPPD, the agency most impacted by the TEP, reported that the TEP details were discussed at each briefing to inform all officers about the change in procedure.
 - Nate Cooley, with Ambitrans, attended the supervisor meetings and explained that Ambitrans would make it a priority to respond as quickly as possible to a NPPD request for transportation to allow the officers to stay in their patrol areas. Nate reported that the TEP implementation has gone well from its perspective.
 - Captain Sutton, with SPD, reported that the implementation of the TEP did not require a significant adjustment for that agency.
 - Lt. Stroud, with the SSO, also indicated that the transition to the TEP was not a major change in procedure for that agency and therefore went smoothly.
 - The TEP flow chart visor cards have been distributed to all of the law enforcement agencies in Sarasota County as well as Ambitrans, the Sarasota Airport Police and the New College Police departments.
- Pam Meunier, with SCHS, announced that "actors" were needed from the community to assist with role playing at the upcoming Crisis Intervention Team (CIT) Training October 25-29. This will be a new training approach to allow officers to practice the decision making skills based on what they learned early in the 40-hour week about signs and symptoms of mental health and substance abuse issues.
- Pam also announced that the VIP-ER Program five-year anniversary will be celebrated at the Board of County Commissioners meeting on November 10 at 9:00 a.m. with a proclamation. The community is invited to attend to show support for this successful and collaborative program.
- Jean O'Connor, with CBH, reported that the redesign of the screening area at the CSU is in the permitting process. This will increase the number of screening rooms and provide a more efficient flow for individuals. Construction is expected to begin in early January 2011.
- Marlene Minzey, with the ARF, reported that there were 81 admissions in the month of September with an average length of stay of 5 days. The average wait time for law enforcement officers at the ARF was 4 minutes in September (a low of 1 minute to a high of 15 minutes)—allowing the officers to be back out in the community quickly.
- Bill Zella, with Doctors, reported that the construction for the 16-bed voluntary psychiatric unit, named Serenity Place, is ahead of schedule with a completion date for mid- November. Information will be forthcoming with details for an open house.

- Ken Alexander, with Bayside, reported that the year to date average daily census for the Secure Emergency Care Unit (SECU) in the ER at SMH has been 2.2. These four SECU beds are utilized for individuals brought in to the ER under a Baker Act or Marchman Act.
- Captain Montemagno, with the SSO, reported that from August 17 through September 30, 13 individuals detained under a Marchman Act were transported to the Sarasota County Jail:
 - 11 were due to combativeness
 - 2 were due to no beds at the ARF
 - 8 were transported by the SPD
 - 3 were transported by the SSO
 - 2 were transported by the VPD
- Captain Sutton, with the SPD, reported that there has been a 60% reduction in Marchman Acts initiated by the SPD since the ARF and VIP-ER Program were fully implemented.

Redesign Oversight Committee (ROC)

- Mary Crowley, with CBH, provided an update on the Journeys Program:
 - She indicated that the program became fully operational in October.
 - There have been 44 referrals to date
 - A total of 22 children did not meet the criteria for the program and were referred elsewhere.
- After reviewing the daily census data that was collected by Contracted Human Services for the 30 bed adult unit at the CBH CSU the following was noted for July:
 - There were 0 days at or over census
 - The average daily census was 18.1
 - 97 of the bed days were filled with out-of-county individuals (Desoto County as the highest at 24 bed days)
- For the adult unit at the CBH CSU the following was noted for August:
 - There was 1 day at or over census
 - The average daily census was 22.8
 - 119 of the bed days were filled with out of county individuals (Desoto County as the highest at 37 bed days)
- For the adult unit at the CBH CSU the following was noted for September:
 - There were 0 days at or over census
 - The average daily census was 20.2
 - 38 of the bed days were filled with out of county individuals (Manatee and Palm Beach Counties as the highest at 9 each)
- Both Ken Alexander, with Bayside, and Jean O'Connor, with CBH, noted that it is very difficult to provide follow up for individuals from out of county or to be sure they are referred to the appropriate services in their county of residence.
- For the ARF at First Step the following was noted for July for this 30-bed unit:
 - There were 12 days at 80% and over capacity
 - The average daily census was 22.3
 - 52 of the bed days were filled with out-of-county and out-of-state individuals (out of state was the highest at 16)
- For the ARF at First Step the following was noted for August:
 - There were 10 days at 80% and over capacity
 - The average daily census was 22
 - 48 of the bed days were filled with out-of-county and out-of-state individuals (Manatee County was the highest at 25)
- For the ARF at First Step the following was noted for September:
 - There were 7 days at 80% and over capacity
 - The average daily census was 21.7
 - 36 of the bed days were filled with out of county individuals (Charlotte County was the highest at 13)
- The group agreed to cancel the December 21 meeting due to the proximity to the holidays.

Behavioral Health Stakeholders' Consortium (BHSC)

Summary of the October 15 meeting:

- Sherri Reynolds, with the Sarasota County School Board (SCSB), informed the group about a Mental Health Summit that will be held November 10 from 8:45 a.m.-12:00 noon at the SCSB. This summit is a federally funded initiative required by the Connections 4 Healthy Students grant that the SCSB was recently awarded. The purpose of this summit is to develop an action plan to better meet the needs of at-risk students in Sarasota County. Sherri reported:
 - 509 Sarasota County students were recommended for expulsion during 2009-2010 and the number has been on the rise.
 - Suicide attempts of school age children in Sarasota County are higher than the state and national averages.
 - The number of violent crimes committed by Sarasota County youth has increased.
- Wayne Applebee, the Criminal Justice Policy Coordinator, reported that the Baker Act Transportation Exception Plan (TEP) was approved by the Board of County Commissioners and subsequently approved by the Department of Children and Families (DCF) on September 27. All law enforcement agencies in Sarasota County have reported that the implementation of the plan has gone smoothly.
- Barb Kopp, with Contracted Human Services, reminded the group that the VIP-ER Program five-year anniversary will be celebrated at the Board of County Commissioners meeting on November 10 at 9:00 a.m. with a proclamation. Graduates from each year will be in attendance along with all of the community partners. The community is invited to attend to show support for this successful and collaborative program.
- Diane Ramseyer, with the Community Health Improvement Partnership (CHIP), updated the group on the success of the Drug-Free Youth (D-Fy) Program that is being piloted in North Port. There are now 40 members with 12 applications pending drug screens and photo identification. A total of 8 local businesses are offering discounts to members including a fee waiver at the recreation center. Bill Little recommended that a research project could be completed to measure the success of this program and the factors that are motivating the youth to a drug free lifestyle.
- Curt Lavarello, with Sarasota Coalition on Substance Abuse, indicated that there are no substance abuse services for individuals who do not have the ability to pay for those services in this community. A lengthy conversation ensued about how the community is informed about the array of services. Mary Crowley, with Coastal Behavioral Healthcare (CBH), listed several substance abuse services that are available at CBH for those who cannot pay. P.J. Brooks, with First Step, indicated that indigent substance abuse services are available in its outpatient department and detoxification unit. James McCloud, with Genesis, asked about the Tapestry data base and it was explained that 2-1-1 is using the Tapestry/IDEAS platform for its information and referral service. The group agreed that it would be informative to have a presentation by 2-1-1 at the November 19 meeting.

Community Alternative Residential Treatment (CART) Initiative

- Phase 1-The Addictions Receiving Facility (ARF)
 - Admissions
 - As of October 31 there have been 3,883 total involuntary admissions—total admissions for October—89
 - 1,268 (33%) involuntary admissions resulted from Protective Custody Orders initiated by local law enforcement officers—total admissions for October—19
 - 674 were initiated by the SPD
 - 413 were initiated by the SSO
 - 156 were initiated by the VPD
 - 33 were initiated by the NPPD
 - 1 was initiated by the New College Police Department.
 - 1 was initiated by the Sarasota/Bradenton International Airport Police Department.
 - 1,817 (47%) involuntary admissions resulted from emergency admissions initiated by local ER physicians (SMH, Venice Hospital, Doctors Hospital, and the CSU)—total admissions for October—45

- 703 (18%) involuntary admissions resulted from *ex parte* orders (court orders) for involuntary assessment and stabilization—total admissions for October—21
 - 99 (2%) involuntary admissions resulted from a “pick up order”—total admissions for October—4
 - **The average wait time for law enforcement officers at the ARF was 5 minutes in October (a low of 1 minute to a high of 10 minutes)—allowing the officers to be back out in the community quickly.**
 - Discharges
 - The average length of stay for participants in October was 5 days.
 - 100% of involuntary participants admitted to the ARF in FY 2011 have successfully completed medically-supervised detoxification.
 - 348 (9%) of involuntary participants discharged from the ARF were referred to the VIP-ER Program to date.
 - A total of 87 clients who were admitted involuntarily to the ARF, and then referred to the VIP-ER Program, have graduated from the VIP-ER Program to date.
 - Prior to the ARF opening on August 1, 2006 an average of 70 Marchman Acts were brought to the jail monthly. The monthly average now is 14 (according to the Sarasota Sheriff’s Office in October, 33% of the time there were no beds available and 66% was due to combativeness).
- Phase 2-VIP-ER Program
 - 52 classes have graduated to date with a 73% completion rate (569/780).
 - **67%** of participants to date who successfully completed the program and who could be located 12 months after completing the program were sober (**the industry standard for sobriety 12 months after completing a program is 10%**).
 - 70% of participants to date have restored their relationship with their families as a result of participation in the program.
 - On October 1 the admission process changed from participants starting the program in 15 person cohorts to rolling admissions.
 - This admission process will allow those on the waiting list to fill slots as they become available and reduce the amount of time people are waiting to enter the program.
- Phase 3-Transitional Housing
 - Transitional Resources, Inc. provides 12 beds for safe, supportive, and sober housing at two single family homes in Sarasota County (one house is for women and one house is for men at present).
 - Renaissance Manor, Inc. provides 62 beds for safe and affordable housing throughout Sarasota County at 14 different locations.
 - The vacancy rate is under 20%—many residents are disability recipients.

Crisis Intervention Team (CIT) Training Committee

- Seventeen Crisis Intervention Team (CIT) trainings have been completed to date with 425 persons now trained. CIT training began in 2004 in Sarasota County.
 - The majority of trainees are law enforcement officers although a number of corrections officers and communications staff have been trained as well.
 - This initiative would not be possible without the community support that provides instruction (and site visits) to the officers on topics such as:
 - Signs and symptoms of mental illness and the medications used for treatment
 - Signs and symptoms of substance abuse
 - The consumer and family perspective of mental illness
 - Discretion, decision making and handling individuals with criminal charges
 - Assessing and handling individuals with suicide/violence risk
 - Communication skills and verbal de-escalation
 - Investigation and assessment of the individual
 - Scenario training
 - The homeless individual
 - Elder related disorders

- Developmental disorders, including Autism
 - Child and adolescent disorders
- The CIT partners include:
 - Alzheimer's Association
 - Bayside Behavioral Health
 - Coastal Behavioral Healthcare
 - Community Haven for Adults and Children with Disabilities
 - Court Administration
 - Criminal Justice Academy
 - Department of Children and Families (DCF)
 - Doctors Hospital
 - First Step of Sarasota
 - Florida Center for Child and Family Development
 - Mental Health Community Centers
 - National Alliance on Mental Illness
 - Public Defender's Office
 - (The) Salvation Army
 - Sarasota County Human Service
 - Sarasota County Sheriff's Office
 - Senior Friendship Center
- The 2011 40-hour CIT classes will be held April 25-29 and October 24-28

Crisis Stabilization Units (CSUs) Report

- Adult Crisis Unit at Coastal Behavioral Healthcare—October
 - 146 total admissions
 - 45 Baker Act admissions—31% of total admissions
 - Average length of stay—4 days
 - 0 persons are waiting for state hospital placement
 - 1 person was placed at the state hospital
- Adult Crisis Unit at Bayside Behavioral Healthcare—October
 - 128 total admissions
 - 83 Baker Act admissions—65% of total admissions
 - Average length of stay—7 days
 - 0 persons are waiting for state hospital placement
 - 0 persons were placed at the state hospital
- Children's Crisis Unit at Bayside Center for Behavioral Health—October
 - 52 total admissions
 - 52 Baker Act admissions—100% of total admissions
 - Average length of stay—5 days
 - 0 persons are waiting for state hospital placement
 - 0 persons were placed at the state hospital

Sarasota Partnership for Children's Mental Health (SPCMH)

- October 2010 begins the final year of Substance Abuse and Mental Health Services Administration (SAMHSA) funding for the SPCMH. Within this last year, there will be identification through evaluation of those programs and supports that have been most valuable to the community and most likely to be sustained after the grant funding.
- The SPCMH is working with the Planning and Outcomes Committee of the Community Alliance to align outcomes and indicators of child health and wellness with state and federal efforts to strengthen early childhood comprehensive systems. Over the past month, the Positive Solutions for Families teams have initiated parent education programs for families of children enrolled at Wilkinson Elementary and Emma E. Booker Elementary schools. Early Steps and All Children's Hospital have partnered to provide parent education for families of children participating in early intervention services through its organizations. The SPCMH looks forward to evaluating the effectiveness of these

- programs on child and family outcomes; the remaining teams will be scheduling parenting education programs in the near future. Call Melinda Lloyd at 861-1414 for more details.
- AllAboutSarasotsKids website has been well received in the community. SPCMH staff have made presentations and participated in outreach activities to increase awareness of the site and resources available within our community that support families with young children. Look for updates soon that will include recommendations for parent involvement in schools and the importance of early developmental screening for children. For more information about linking the website to your program or agency's site, please contact Liza Leonard at 861-1448.
- The Community Partnership events provide the venue to address issues that impact young children and families within our community. The last event was held on Tuesday, November 16 at 6:00 pm at Children First (Orange Avenue). This event, led by Dr. Kirstina Ordetx, Director of the Pinnacle School and Center for Autism Resources and Education focused on supporting siblings of children with special needs.
- Through partnerships with Children First, The Florida Center for Child and Family Development, First Step, and Jewish Family and Children's Service, the SPCMH continues to accept referrals for comprehensive mental health and care management services for young children (birth through age 8) with or at risk for mental health disorders. Children experiencing emotional or behavioral problems are eligible for mental health assessment, wraparound care coordination, parent support, and access to flexible funds to support individual child and family goals. Contact Sherl Craft at 861-1457 for more information or referrals.

Upcoming Meetings:

Date	Time	Meeting	Location
11-30-10	6:00 p.m.	Town Hall Meeting on Prescription Drugs	North Port City Hall, 4970 City Hall Blvd.
12-1-10	9:30 a.m.	Sarasota Partnership for Children's Mental Health Coordinating Council	Sarasota County Health and Human Services 2200 Ringling Blvd., Room 226
12-2-10	10:00 a.m.	Sarasota Partnership for Children's Mental Health Care Review Work Group	Sarasota Partnership 1751 Mound St., Suite 205
12-6-10	12:00 p.m.	Criminal Justice Commission	Think Tank, 1660 Ringling Blvd., 3 rd Floor
12-6-10	1:30 p.m.	Behavioral Health Strategic Planning Work Group	Sarasota County Health and Human Services 2200 Ringling Blvd., Room 226
12-9-10	10:00 a.m.	Sarasota Partnership for Children's Mental Health Cultural and Linguistic Competency Work Group	Sarasota Partnership 1751 Mound St., Suite 205
12-16-10	10:00 a.m.	Sarasota Partnership for Children's Mental Health Family and Youth Involvement	Sarasota Partnership 1751 Mound St., Suite 205
12-16-10	10:00 a.m.	Sarasota Partnership for Children's Mental Health Finance Committee	Sarasota Partnership 1751 Mound St., Suite 205

This monthly report can be viewed at: www.sarasotaalliance.net as well as the summaries of several other meetings/task forces of the Community Alliance of Sarasota County.

For questions about the information on this report please contact Pam Meunier at 941-861-2578 or [Pam Meunier@doh.state.fl.us](mailto:Pam.Meunier@doh.state.fl.us)