

Behavioral Health Monthly Report

September 17, 2010

Acute Care System Task Force (ACSTF) and Redesign Oversight Committee (ROC)

The last meeting was held August 17.

- Representatives from the Addictions Receiving Facility (ARF) at First Step, Bayside Center for Behavioral Health at Sarasota Memorial Hospital (SMH), the Crisis Stabilization Unit (CSU) at Coastal Behavioral Healthcare (CBH), Doctors Hospital, and Venice Regional Medical Center were at both meetings to represent the acute care facilities.
- Representatives from the Sarasota Sheriff's Office and the Sarasota Police Department were at both meetings to represent law enforcement.
- Representatives from the Department of Children and Families (DCF) and Sarasota County Human Services were at both meetings to represent the funders.
- Mental Health Community Centers was at both meetings to represent the community partners.
- There was unanimous support for the Transportation Exception Plan (TEP) to move forward to the Sarasota Board of County Commissioners for its consideration.
 - The Behavioral Health Stakeholders' Consortium and the Criminal Justice Commission will be asked to support the TEP as well.
- Mary Crowley, with CBH provided an update on the Journeys Program (see pages two and three for more background).
 - This program provides services to Sarasota County youth who either live in the community and experience severe substance abuse problems or have completed a residential substance abuse treatment program and will be participating in community re-entry.
 - Mary indicated that the severity of the youth being referred to the program is far worse than anticipated. There have been six referrals to date:
 - Two youth were referred to the Journeys Program by the SMH ER because when they arrived they were unresponsive having consumed multiple substances that included prescription drugs. Both youth were transferred to the Manatee Glens JARF for detoxification.
 - One youth was referred from Bayside having consumed polysubstances which may have included prescription drugs. This youth was transferred to Manatee Palms.
 - One youth who had overdosed was referred from Bayside. Because he was arrested for firearms possession he was transferred to University Behavioral Center in Orlando.
 - One youth was accepted in the In Home On Site (IHOS) component of the Journeys Program.
 - One youth was referred to CBH's Compass Center and is receiving IHOS services while waiting for a Compass bed.
 - The group asked CBH to provide a monthly report outlining the referrals with dispositions.
 - Journeys is available twenty-four hours per day, seven days per week by calling **941-552-2687**.
- Both the ARF and Bright Vista at Lakewood Ranch Medical Center reported a significant increase in adult admissions due to prescription drug misuse. All agreed that this continues

to be an epidemic in Sarasota County as evidenced by the data that is driving the Behavioral Health Strategic Planning Work Group.

- This was the second meeting of the **Redesign Oversight Committee (ROC)**. The group reviewed the issues from the first meeting on July 20:
 - At the last meeting law enforcement indicated that they have been told that there is no capacity at the CBH CSU in spite of the addition of 10 adult beds on July 1. It was determined that this was due to an unusual amount of out of county referrals to the state funded CSU beds bringing both units to capacity.
 - It was reiterated by DCF that a law enforcement Baker Act will always take priority over a transfer from another facility and that all Baker Act receiving facilities must accept a law enforcement Baker Act even if it is at capacity.
 - Nancy DeLoach, with Contracted Human Services (CHS), informed the group that CHS receives a monthly daily census report that also indicates the county of residence for each person. A monthly report will be developed for the purpose of this committee.
 - At the last meeting it was noted that there has been an increase in Baker Act to Marchman Act conversions. There was a recommendation to track the conversions on a monthly basis.
 - The group agreed at this meeting that these conversions were being resolved between the facilities and there was no need to track the incidences.
 - At the last meeting it was reported that the Sarasota Police Department was asked by the ARF to transport an individual to the hospital because Ambitrans could not respond within one hour.
 - Elaine Charyn, with the ARF, will research this issue and provide re-training to the staff involved in this call.
 - It was reiterated that law enforcement should never be called to provide transportation from a facility unless the individual is “on hold” due to criminal charges (this would not be the case at the ARF because it does not accept individuals with criminal charges).
 - At this meeting there was a request from the ERs for law enforcement to call first, if possible, to alert ER staff to Baker Act or Marchman Act arrivals to allow for preparation and a more efficient transition from law enforcement to the hospital.
 - Ken Alexander, with Bayside Behavioral and Pam Meunier, the Behavioral Health Policy Coordinator, announced that a hospital communications software system, called EM Resource was presented to the acute care system representatives who were able to be in attendance at the software demonstration on August 11. All in attendance agreed that this software could meet the data collection needs of the acute care system. There will be more information to share at the next meeting.

Behavioral Health Stakeholders’ Consortium (BHSC)

The last meeting was held August 20.

- Michael Gregory, the Director of Willowbend Recovery, provided a presentation on this rehabilitation program that was recently licensed by the Department of Children and Families and that opened two weeks ago.
 - The Residential Treatment Program provides gender separate facilities and treatment.
 - There are eight women’s beds and nine men’s beds.

- Length of treatment can be 10 days, 30 days, 60 days, as well as custom lengths of stay.
 - The Intensive Outpatient Treatment Program has six and eight week program lengths as does the Outpatient Treatment Program.
 - Willowbend's programs are based on a Cognitive Behavioral Treatment model in conjunction with elements of the 12-Step model.
 - Willowbend accepts private insurance including Medicare.
 - For more information go to: www.WillowbendRecovery.com or call 941-328-8953.
- There was unanimous support for the Transportation Exception Plan (TEP) to move forward to the Sarasota Board of County Commissioners for its consideration on September 14.
- The Acute Care System Task Force supported the TEP on August 17 and the Criminal Justice Commission will be asked for its support August 23
- The group accepted the draft report from the Co-Occurring Capability Workshop that Marcia Monroe, from Central Florida Behavioral Health Network (CFBHN), prepared.
 - The group agreed that the Behavioral Health Strategic Planning Work Group would dedicate time to prioritize from the list of areas requiring development in the report and subsequently develop a plan.
 - This group will also develop a plan for the state's newest initiative—trauma informed care.
- The group agreed to measure the satisfaction of the participants of the BHSC and its committees with a survey that Human Services staff will develop, distribute, and analyze for a future report for the group to review.
- Rich Rolfes, with CFBHN, asked the group to review an evaluation plan that was developed to measure the impact of the Journeys Program (see page one of this report for a detailed update for this program).
 - The group agreed to send comments/suggestions for the evaluation to Pam Meunier to compile and send to Carili McLean.

Community Alternative Residential Treatment (CART) Initiative

- Phase 1-The Addictions Receiving Facility (ARF)
 - Admissions
 - As of August 31 there have been 3,713 total involuntary admissions—total admissions for August—92
 - 1,219 (33%) involuntary admissions resulted from Protective Custody Orders initiated by local law enforcement officers—total admissions for August—34
 - 632 were initiated by the SPD
 - 402 were initiated by the SSO
 - 151 were initiated by the VPD
 - 32 were initiated by the NPPD
 - 1 was initiated by the New College Police Dept.
 - 1 was initiated by the Sarasota/Bradenton International Airport Police Dept.
 - 1,746 (47%) involuntary admissions resulted from emergency admissions initiated by local ER physicians (SMH, Venice Hospital, Doctors Hospital, and the CSU)—total admissions for August—33
 - 663 (17%) involuntary admissions resulted from *ex parte* orders (court orders) for involuntary assessment and stabilization—total admissions for August—21
 - 90 (2%) involuntary admissions resulted from a “pick up order”—total admissions for August—5

- **The average wait time for law enforcement officers at the ARF was 5 minutes in August (a low of 1 minute to a high of 20 minutes)—allowing the officers to be back out in the community quickly.**
 - Discharges
 - The average length of stay for participants in August was 4 days.
 - 100% of involuntary participants admitted to the ARF in FY 2011 have successfully completed medically-supervised detoxification.
 - 335 (9%) of involuntary participants discharged from the ARF were referred to the VIP-ER Program to date.
 - A total of 86 clients who were admitted involuntarily to the ARF, and then referred to the VIP-ER Program, have graduated from the VIP-ER Program to date.
 - Prior to the ARF opening on August 1, 2006 an average of 70 Marchman Acts were brought to the jail monthly. The monthly average now is 14 (according to the Sarasota Sheriff's Office from July 1-July 31), 69% of the time there were no beds available and 31% were due to combativeness).
- Phase 2-VIP-ER Program
 - 50 classes have graduated to date with a 74% completion rate (552/750).
 - 70% of participants to date have restored their relationship with their families as a result of participation in the program.
 - For clients who successfully completed the program to date and who could be located:
 - 2 weeks after completing the program 88% indicate that they were working
 - 3 months after completing the program 72% indicate that they were still working
 - 6 months after completing the program 67% indicate that they were still working
 - 12 months after completing the program 66% indicate that they were still working
 - For clients who successfully completed the program to date and who could be located:
 - 3-months after completing the program 76% indicated that they were still sober
 - 6-months after completing the program 67% indicated that they were still sober
 - 12-months after completing the program 67% indicated that they were still sober
 - For clients who successfully completed the program to date and who could be located:
 - 3 months after completing the program 72% indicate that they were living in stable housing
 - 6 months after completing the program 67% indicated they were living in stable housing
 - 12 months after completing the program 66% indicated they were living in stable housing

The VIP-ER Program will be celebrating its 5 year anniversary on October 1. A proclamation ceremony will be held at the November 9 (tentative) Sarasota Board of County Commissioners meeting. Please mark your calendar (and watch for updates) to be there to show your support for this unique and successful community partnership.

- Phase 3-Transitional Housing
 - Transitional Resources, Inc. provides 12 beds for safe, supportive, and sober housing at two single family homes in Sarasota County (one house is for women and one house is for men at present).
 - Renaissance Manor, Inc. provides 62 beds for safe and affordable housing throughout Sarasota County at 14 different locations.
 - The vacancy rate is under 20%—many residents are disability recipients.

Criminal Justice Update

- The University of South Florida (USF) provided Sarasota County with a final report for the Mental Health Court (MHC) and a draft report for the Juvenile Assessment Center (JAC) evaluations on September 13. A copy of the MHC report can be requested by contacting Wayne Applebee at wapplebee@scgov.net.
 - As a result of USF's preliminary report and a reduced level of funding for MHC, the Criminal Justice Commission voted to establish a work group to redesign the Mental Health Court program. The members include: Judge Andy Owens, Walt Smith, Earl Moreland, Larry Eger, and Bill Little.
 - The next meeting of the Work Group is September 21.
 - The Work Group will provide an extensive update at the next Criminal Justice Commission Meeting on September 27.
- Wayne Applebee has been appointed to a statewide task force by the Department of Juvenile Justice (DJJ) to represent Sarasota County interests in the process that will allow county-operated juvenile justice facilities in the future. The first two meetings have focused on the process and requirements that County's would be required to comply with to become certified by DJJ. The next meeting is September 13 in Ocala.
- The Sentenced Defendant's Work Crew received funding approval from the Board of County Commissioners on September 3.
 - The program is now titled "Sheriff Work Crew".
 - The program will provide a sentencing alternative to the courts for those currently serving weekends in the jail.
 - In lieu of a jail sentence, the defendants will participate in a supervised work program completing work projects at Sarasota County grounds and facilities.
 - Plans are being finalized for an anticipated October 1 start date.

Crisis Intervention Team (CIT) Training Committee

- Sixteen CIT classes have been completed to date with over 400 persons trained. The majority of trainees are law enforcement officers although a number of corrections officers and call center staff have been trained as well.
- The next 40-hour CIT Class will be held October 25-29 at the Criminal Justice Academy at the Sarasota County Technical Institute (SCTI), at 4748 Beneva Rd., Sarasota.

Crisis Stabilization Units (CSUs) Report

- Adult Crisis Unit at Coastal Behavioral Healthcare—August
 - 180 total admissions
 - 46 Baker Act admissions—26% of total admissions
 - Average length of stay—5 days
 - 1 person is waiting for state hospital placement
 - 0 persons were placed at the state hospital
- Children's Crisis Unit at Bayside Center for Behavioral Health— August

- 25 total admissions
- 25 Baker Act admissions—100% of total admissions
- Average length of stay—4 days
- 0 persons are waiting for state hospital placement
- 0 persons were placed at the state hospital

Sarasota Partnership for Children’s Mental Health (SPCMH)

In the month of August, the Sarasota Partnership for Children's Mental Health:

- Launched the cross-agency, community-based website for families of young children: <http://www.allaboutsarasotakids.org> that gives parents information to support healthy kids and stable and nurturing families through information and resources at the local, state and national levels
- Sponsored and participated in the United Way Success by Six, "Ready, Set, Grow" Family Fair at Westgate Sarasota Square Mall on August 7
- Completed the "Positive Solutions for Families" train-the-trainer curriculum to support 14 teams of providers and parents, who will host a parent education series throughout the community in the coming year.
 - In the month of August, the Healthy Start Coalition team delivered the curriculum at the Mothers and Infants program at First Step, which received a very positive response.
- Completed a community assessment of Developmental Screening Practices within Sarasota County programs serving young children.
 - The assessment indicates the need for expanded use of standardized developmental screening tools and the integration of screening activities to improve the early recognition of developmental concerns in young children and effective early responses, including referral and evaluation for educational and therapeutic interventions.
 - The Early Recognition and Response Task Force of community partners and families is currently working on a plan to improve these outcomes for children.
- Welcomed Michelle Moreno as the new Director of the Sarasota Family Support Network of the Florida Center for Child and Family Development. Michelle is working closely with the Wraparound teams to improve peer support for families enrolled in the Partnership for comprehensive mental health and family support services.
- Enrollments for comprehensive mental health and family support have been a little low this summer, which is typically seen, but are expected to increase again with the beginning of school.
 - Referrals to the Partnership are still welcomed and can be made through the Wraparound Coordinator at 941-861-1457.

Upcoming Meetings:

September is National Alcohol and Drug Addiction Recovery Month

Date	Time	Meeting	Location
9-20-10	3:00 p.m.	Sarasota Partnership for Children's Mental Health Sustainability Work Group	Sarasota Partnership 1751 Mound St., Suite 205
9-21-10	9:00 a.m.	Acute Care System Task Force and Redesign Oversight Committee	Sarasota County Health and Human Services 2200 Ringling Blvd., Room 226
9-21-10	12:00 p.m.	Criminal Justice Commission-Mental Health Court Redesign Work Group	Public Defender's Office, 2071 Ringling Blvd., 5 th Floor Conference Room
9-27-10	12:00 p.m.	Criminal Justice Commission	Think Tank 1660 Ringling Blvd., 3 rd Floor
9-28-10	9:30 a.m.	Sarasota Partnership for Children's Mental Health Early Recognition and Response Task Force	Sarasota Partnership 1751 Mound St., Suite 205
9-30-10	10:00 a.m.	Sarasota Partnership for Children's Mental Health Care Review Work Group	Sarasota Partnership 1751 Mound St., Suite 205
10-6-10	9:30 a.m.	Sarasota Partnership for Children's Mental Health Coordinating Council	Sarasota County Health and Human Services 2200 Ringling Blvd., Room 226
10-6-10	1:00 p.m.	Joint Meeting of the Behavioral Health Strategic Planning Work Group and the Pharmaceutical Diversion Community Partnership	Sarasota County Health and Human Services 2200 Ringling Blvd., Room 226
10-14-10	10:00 a.m.	Sarasota Partnership for Children's Mental Health Cultural and Linguistic Competency Work Group	Sarasota Partnership 1751 Mound St., Suite 205
10-15-10	9:00 a.m.	Behavioral Health Stakeholders' Consortium	Sarasota County Health and Human Services 2200 Ringling Blvd., Room 226
10-19-10	9:00 a.m.	Acute Care System Task Force and Redesign Oversight Committee	The Salvation Army, 1400 10 th St., Media Room
10-21-10	10:00 a.m.	Sarasota Partnership for Children's Mental Health Finance Committee	Sarasota Partnership 1751 Mound St., Suite 205
11-9-10 (tentative)	9:00 a.m.	VIP-ER Program 5 Year Celebration	Sarasota County Board Chambers, 1600 Ringling Blvd., 1 st Floor

This monthly report can be viewed at: www.sarasotaalliance.net as well as the summaries of several other meetings/task forces of the Community Alliance of Sarasota County.

For questions about the information on this report please contact Pam Meunier at 941-861-2578 or Pam_Meunier@doh.state.fl.us