

Behavioral Health Monthly Report

SARASOTA COUNTY

February 17, 2012

Acute Care System Task Force (ACSTF), Redesign Oversight Committee (ROC), and Baker Act Advisory Committee (BAAC) Quarterly Meeting

Summary of the last meeting (December 20):

- Andria Wendell, a Behavioral Health Planning Coordinator, was introduced to the group. She has recently joined the Human Services team with Sarasota County Health and Human Services and will be working with Brooke Baker and the Behavioral Health Strategic Planning Work Group on strategies to reduce prescription drug misuse, underage drinking, and suicide in Sarasota County. For further information about these initiatives please contact: Andria.Wendell@doh.state.fl.us or please access the website at: www.scgov.net/drugfreesarasota
- Brett Slocum, the Region 6 Regional Emergency Response Advisor for the Florida Department of Health, reviewed a timeline for training the emergency departments and receiving facilities to use the web-based EM Resource data collection system. Several months ago it was agreed that daily Baker Act and Marchman Act data would be collected, entered, and shared in order to determine if the acute care system was operating effectively. Although these data will not be real time it will allow the ACSTF to monitor and analyze the overall system and make adjustments, if necessary. Tammi Poswiatowsky Ketcham, the Public Health Preparedness Planner/Trainer for the Sarasota County Health Department, will be assisting Brett to schedule and provide the training. The system should be operational by the next meeting on March 20.
- Pam Meunier, the Behavioral Health Policy Coordinator with Sarasota County Health and Human Services, distributed an updated acute care system contact list and an overview of the acute care system redesign that took place over the last year or more. These documents were requested at the September 20 meeting to use as an orientation for new members. The group asked for a timeline of the redesign with more detail on the outcomes and for acronyms to be spelled out. Pam asked that corrections and additions for the contact list be sent to her via email at: Pam.Meunier@doh.state.fl.us
- The Transportation Exception Plan (TEP), which allowed for an exception to Florida Statute that requires law enforcement to transport individuals in need of acute care services to the nearest receiving facility, went in to effect October, 2010. The TEP was sent to the group prior to this meeting for review and discussion. The consensus was that the TEP is being adhered to and has not caused any burden on any of the law enforcement agencies, specifically the North Port Police Department (NPPD). Captain Liermann, with the NPPD, indicated that they continue to have good response times from Ambitrans, the County funded transportation provider. Prior to the TEP going into effect, the NPPD was transporting those in need of acute care services to the closest receiving facility in Charlotte County. Now with the distance to either of the receiving facilities in northern Sarasota County (Bayside Center for Behavioral Health or Coastal Behavioral Healthcare) they are utilizing the services of Ambitrans and in doing so spending less time with Baker Act and Marchman Act transportation and more time on their patrol.
- Marlene Minzey, with First Step of Sarasota's Addictions Receiving Facility (ARF), referred to a report that was distributed indicating that there were 101 involuntary admissions in the month of November with an average length of stay of four days (see page three and four for further detail).
- Sandra Hanna, with Coastal Behavioral Healthcare's adult Crisis Stabilization Unit (CSU), referred to a report that was distributed indicating that there were 146 admissions to the Crisis Stabilization Unit in November with an average length of stay of 4 days (see page five for further detail). She mentioned that the CSU has seen an increase in young adults being admitted due to the use of a legal substance called K2/Spice and a variety of other names. She said it causes psychosis that leads to suicidal ideation but when the person has the substance out of their system it becomes apparent that the episode could be attributed to the use of this incense product which is sold in gas stations, convenience stores, and other shops. Lieutenant Kenniff, with the Sarasota County Sheriff's Office (SCSO), agreed that this is becoming a major issue for law enforcement in Sarasota County. First Step has noticed how quickly aggressive and psychotic behaviors escalate on this substance. Brooke Baker indicated that Pinellas and/or Hillsborough Counties are in the process of developing an ordinance to address this issue and she will keep an eye on it and report back to the group. Elaine Charyn, the Director of the ARF, informed the

group about a webinar she participated in around this topic. She was asked to share the link for distribution to the group.

- Marilee Arnold, with Doctors Hospital, and Marie Graham with Englewood Community Hospital (ECH), indicated that there have not been any long stays in either Emergency Department (ED) for persons detained under a Baker Act or Marchman Act and in need of transfer to the appropriate facility. Janice Mierzwa, with the Sarasota Memorial Hospital ED, said she would look at the length of stay in SMH ED and report back.
- Marie Graham, with ECH, reported that as part of the Hospital Corporation of America (HCA) system, the ECH ED will be moving toward a transfer center approach. As she knows more she will report back to the group. She also informed the group that First Step staff were going to be providing a Marchman Act training for her staff in January.
- Susan Nunnally, with the Department of Children and Families (DCF), asked the group if they would like more information about Outpatient Civil Commitment for persons under a Baker Act. She said that there have not been many (less than 10 in two years) yet it has a 100 percent success rate as a diversion for high users of the system. The group agreed that they would like to know more about this Baker Act process. Susan will coordinate a presentation for the March 20 meeting.
- Captain Montemagno, with the Sarasota County Sheriff's Office (SCSO), reported that in the period from November 16-December 13 there were 11 Marchman Act detainees transported to the Sarasota County Jail. There were no beds at the ARF 36% of the time. The law enforcement agencies initiating and transporting the Marchman Acts were:
 - The Sarasota Police Department—7
 - The Sarasota County Sheriff's Office—3
 - North Port Police Department—1
- From the law enforcement perspective Captain Lee Liermann, with the NPPD, and Lieutenant Kenniff with the SCSO, reported that transfers to Ambitrans for transportation continue to go smoothly and in a timely manner. There were no issues with facilities to report.

Redesign Oversight Committee (ROC)

- Lynette Herbert, with Sarasota County Contracted Human Services, provided the daily census reports for the ARF and CSU for the months of September, October, and November. Lynette reported that the CSU has recalculated the census data because they were not counting the day of discharge. This recalculation has resulted in a 16 percent increase in the daily census for the reports submitted to this group. It is unclear whether this data is based on a point in time. Lynette will work with the CSU to be sure the census reported by the CSU is calculated in a similar fashion to the ARF.
 - The ARF was at 80% capacity or over 5 days in September, 2 days in October, and 7 days in November.
 - The average daily census was 20.2 in September, 19.3 in October, and 21.1 in December—the total number of beds is 30.
 - The CSU was not at or over census in September, October, or November.
 - The average daily census was 16.8 in September, 19.9 in October, and 21.0 in December—the total number of beds is 30.
- Mary Bane Stevens, with CBH, provided an update on the Journeys Program.
 - There have been 308 total referrals to date—there were 16 referrals in September, 15 in October, and 26 in November.
 - North County referrals for the three months—34
 - South County referrals for the three months—23
 - 24 of the 57 referrals were from the Juvenile Assessment Center (JAC)
 - To date there have been 52 children with 120 days of negative drug screens which is a requirement for the Recovery Support Program.
 - The group asked her to send the report electronically.

Baker Act Advisory Committee (BAAC)

- There were no grievances or issues reported.

The next quarterly meeting of the Acute Care System Task Force, Redesign Oversight Committee, and Baker Act Advisory Committee is scheduled for March 20 at 9:00 a.m. at Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226.

Behavioral Health Stakeholders' Consortium (BHSC)

Summary of the last meeting (January 20)

- Dr. Christine Cauffield, with Cauffield and Associates, provided a presentation informing the group about two key services they are providing to the community: Targeted Case Management (TCM) and Integrated Behavioral Health (IBH). TCM is a voluntary service that is provided to persons with a primary psychiatric diagnosis who have insurance or the ability to self-pay with a need for supportive services. This service is similar to a life coach for residents of assisted living facilities, group homes, and independent housing. IBH offers consultation, management, development, and in-home/on-site direct clinical care services. They partner with behavioral health organizations, hospitals, medical clinics, home health agencies, assisted living facilities, and other facilities to provide integrated behavioral health services. For further information contact: drcauffield@aol.com or call 941-993-9921.
- Chip Taylor, with Jewish Family and Children's Service (JFCS), provided information about the Operation Military Assistance Program that has been made possible with a grant awarded by the Department of Veterans Affairs. A minimum of one day active duty service is required to be eligible with any discharge status except dishonorable. Individual veterans or families in which the head of household or their spouse is a veteran who is below 50 percent of the median income is eligible for assistance with obtaining or maintaining permanent housing, integrated case management, assistance obtaining VA benefits and other financial assistance, and mentoring and support group services. For further information contact: Bob Fields at bfields@jfcs-cares.org or Jennifer Bailes-Fretz at jbaillesfretz@jfcs-cares.org or call 941-366-2224.
- Brittany Larkin, with JFCS, provided information about the Courts Assisting Veterans (CAV) Program that is a collaboration between the 12th Judicial Court and JFCS that provides assistance to local veterans whose behaviors have brought them into contact with the criminal justice system. The goal of the CAV Program is to divert into treatment and provide support for those veterans whose criminal behaviors are due to problems stemming from their service in the military. For further information contact: Brittany at blarkin@jfcs-cares.org or 941-366-2224.
- Father Doug Zimmerman, a representative from Sarasota United for Responsibility and Equity (SURE), informed the group that the collaborative work group that was established at the request of SURE to research best practices regarding access to behavioral health care services met January 13. He indicated that it seemed appropriate at this time to restate the purpose of SURE. He informed the group that SURE is a congregation based group that has a mission to powerfully address what they see as systemic injustice in the community by organizing for solutions. He reiterated that the group does not provide direct services. He said that the collaborative work group is now ready to move forward with researching best practices for low income people accessing and navigating the behavioral healthcare system. Bill Little asked if there would be a report provided to the larger SURE group about the outcome of this work group. Father Doug informed the group that this would happen at the yearly Nehemiah meeting that is scheduled for April 23 and encouraged everyone to save the date. He reported that the next work group meeting is scheduled for February 10 at 9:00 at Health and Human Services in Room 227. For further information contact Sue Tharp at: bsuet@comcast.net
- P.J. Brooks, with First Step, requested a letter of support from the group for a Centers for Medicare and Medicaid Services Health Care Innovation Challenge grant application they will be submitting by January 27. The services First Step and its partners will provide will target pregnant substance abusers and intravenous drug users. The group unanimously approved providing a letter of support.
- David Clapp, with Central Florida Behavioral Health Network (CFBHN), the managing entity for all funded mental health and substance abuse services in the Suncoast Region, reported that they still do not have a master contract with the Department of Children and Families (DCF). CFBHN has been under a contract extension with DCF since July 1, 2011. For further information contact: dclapp@cfbhn.org
- Andria Wendell, a Behavioral Health Planning Coordinator with Sarasota County Health and Human Services, referred the group to the Behavioral Health Strategic Planning Work Group (BHSPWG) Monthly Update and a summary from the December 5 BHSPWG monthly meeting in their packets.

- As a result of community efforts including the Safe Rx training, Sarasota County is now 1st in the state for the number of medical practitioners registered to use E-FORCSE. Registration and use is mandatory for only 18 clinics; however, over 200 practitioners have signed up to use the system.
- Pain management clinic demographic data will continue to be collected and tracked and will be provided in monthly updates.
- Sarasota County now ranks 6th in the state for suicide by “other and unspecified means”. The rates among those ages 20-24 is now three times that of the state’s rate. The BHSPWG will continue to collect data on the local suicide epidemic and seek feedback from community partners on suicide prevention programs currently in place as well as thoughts and suggestions for future prevention efforts.
- As a result of a community call to action, currently information is being collected on the synthetic marijuana known as K2 or Spice. Variations of K2/Spice are sold locally in gas stations, tobacco shops, and online. The products contain psychoactive drugs and are often contaminated with a number of dangerous toxic substances. Local providers have reported an increase in patients who have used K2 or Spice. These patients are experiencing negative effects such as psychotic episodes, violent outbursts, and suicidal ideation. The BHSPWG will continue to collect information on this emerging drug.
- For further information contact: Andria.Wendell@doh.state.fl.us
- **The Behavioral Health Strategic Planning Work Group (BHSPWG) summaries are separate from this report and distributed at both the BHSPWG and BHSC monthly meetings and posted on: www.sarasotaalliance.net**
- Brooke Baker, a Behavioral Health Planning Coordinator with Sarasota County Health and Human Services, reported that the next 40-hour Crisis Intervention Team (CIT) training is scheduled for March 26-30 and will be held at the Sarasota Police Department.
 - The second hand dealers and metal recyclers ordinances passed and will go into effect February 1. Similar to the pain management clinic ordinances, these are the strongest ordinances in the state and will make an important impact on the community.
 - Sarasota County Health and Human Services staff completed recommendations as a follow-up to the Juvenile Assessment Center evaluation. These recommendations will be presented at the January Criminal Justice Commission meeting. Key recommendations include increasing staff training to provide additional services, enhancing front door screener skills and knowledge related to behavioral health, crisis intervention, and therapeutic dialogues, and increasing staff linkage with schools for services and programming.
 - For further information contact: Brooke.Baker@doh.state.fl.us
- Polly Giuffrida, with the National Alliance on Mental Illness (NAMI), provided the group with a document explaining NAMI’s “Family-to-Family” Program. This is a free 12-week course for family caregivers of individuals with severe mental illness and is taught by trained family members. To date over 300,000 family members have taken advantage of this educational opportunity. Both she and Dale Lux asked the attendees of this meeting to let the families of their consumers know about this course and about NAMI in general. For more information contact: Polly at **941-320-8003**.
- P. J. Brooks, with First Step, referred the group to the Addictions Receiving Facility (ARF) Report in their packet (see page five for additional information). He indicated that the ARF is projected to provide medically supervised detoxification to 1,000 individuals this year on an involuntary basis and close to the same number for individuals voluntarily requesting detoxification. For further information contact: mminzey@fsos.org
- Nancy DeLoach, with Sarasota County Contracted Human Services, referred the group to the Behavioral Health Monthly Report in their packet for some of the reported outcomes for the VIP-ER Program. The success rates continue to far surpass the industry standard. She informed the group that with six years of data collected the program is in the process of analyzing these data with the intention of coming back to this group with an updated report on the demographics and successes of this program. For further information contact: bkopp@scgov.net
- **Please submit your success stories for future meetings to Pam.Meunier@doh.state.fl.us or 941-861-2578.**

There will be an **ADDICTION 101 FORUM** February 17 from 8:00 a.m.-12:00 p.m. at the Sarasota County Administration Center at 1660 Ringling Blvd. in the Board Chambers in lieu of the February Behavioral Health Stakeholders' Consortium meeting. The next BHSC meeting will be March 16 at 9:00 a.m. at Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226.

Community Alternative Residential Treatment (CART) Initiative

- The Addictions Receiving Facility (ARF)
 - Admissions
 - As of January 31 there have been 5,322 total involuntary admissions—total admissions for January—100
 - 1,733 (33%) involuntary admissions resulted from Protective Custody Orders initiated by local law enforcement officers—total admissions for January—38
 - 2,410 (45%) involuntary admissions resulted from emergency admissions initiated by local ER physicians—total admissions for January—41
 - 1,067 (21%) involuntary admissions resulted from *ex parte* orders (court orders) for involuntary assessment and stabilization—total admissions for January—17
 - 123 (2%) involuntary admissions resulted from a “pick up order”—total admissions for January—4
 - **The average wait time for law enforcement officers at the ARF was 6 minutes in January (a low of 1 minute to a high of 30 minutes)—allowing the officers to be back out in the community quickly.**
 - Discharges
 - The average length of stay for participants in January was 4 days.
 - 100% of involuntary participants admitted to the ARF in FY 2011 have successfully completed medically-supervised detoxification.
 - Prior to the ARF opening on August 1, 2006 an average of 70 Marchman Acts were brought to the jail monthly. The monthly average now is 14 (according to the Sarasota County Sheriff's Office, in January, 33% of the time there were no beds available and 67% was due to combativeness/uncooperativeness).
- VIP-ER Program
 - To date there has been a 75% completion rate (723/969).
 - **67%** of participants to date who successfully completed the program and who could be located 12 months after completing the program were sober (**the industry standard for sobriety 12 months after completing a program is 10%**).
 - **66%** in this time frame were employed.
 - **69%** in this time frame were in stable housing.
 - **68%** of participants to date have restored their relationship with their families as a result of participation in the program.
 - **71%** of the participants that needed to obtain a General Equivalency Diploma (GED) were successful.

Community Health Improvement Partnership (CHIP) North Port Community Health Action Team (CHAT)

- The Drug Free Youth (D-FY) Program registered member number 1,000 recently. A special celebration is being planned to recognize this milestone. The North Port D-FY is stepping up efforts to provide re-testing and random drug testing of the members. No re-test or random test has shown evidence of substance use (an eight panel screen is utilized). Members who do not show up for their re-test, or notify that there is an issue of a legitimate schedule conflict have their membership revoked until they complete a test. Information on the number of “no-shows” will be calculated in the coming months. The evaluation process is moving through to completion with focus groups and interviews being completed by the evaluator.

- The North Port Alliance for Substance Abuse Prevention Meeting will be held February 14 at 8:30 a.m. at 3010 S. Sumter Blvd, in North Port. Brooke Baker will be presenting on “Strategic Collaboration: Maximizing Impact”.
- Please view the D-FY video that was recently produced at: http://www.youtube.com/chip4health#p/a/u/0/sfoYscqbc_A and for additional information about the Community Health Improvement Partnership (CHIP) and the CHATs please access the website at: <http://www.chip4health.org/>

Criminal Justice Update

- In January, the Criminal Justice Commission endorsed a number of recommendations that seek to improve the services to youth who interact with the Juvenile Assessment Center as a result of Sarasota County and the University of South Florida completing an evaluation. Coastal Behavioral Healthcare has begun the implementation of the recommendations.
- The Department of Juvenile Justice has contacted the County seeking to enter into a contractual agreement to operate the Juvenile Assessment Center 24/7, instead of the current 24/5 schedule. The County and State are drafting the current language to do so. Sarasota County will plan to amend the current agreement with Coastal Behavioral Healthcare to expand the hours of operation.

Crisis Intervention Team (CIT) Training

- The next 40-hour Crisis Intervention Team (CIT) training (Class 21) has been scheduled for March 26-March 30 at the Sarasota Police Department. To date, 478 persons have been trained. This initiative continues to be supported by subject matter experts in the community that volunteer their time in all aspects of the training. There are 30 agencies/entities that collaborate to make this training so successful. The evaluations the students provide regarding the overall class structure, curriculum, and the individual instructors indicates that this class is very well received by the law enforcement students and most importantly it is making a difference in how law enforcement officers relate to persons with behavioral health issues.

Crisis Stabilization Units (CSUs) Report

- Adult Crisis Unit at Coastal Behavioral Healthcare—January
 - 156 total admissions
 - 103 Baker Act admissions—66% of total admissions
 - Average length of stay—4 days
 - 1 person is waiting for state hospital placement
 - 1 person was placed at the state hospital
- Adult Crisis Unit at Bayside Center for Behavioral Health—January
 - 119 total admissions
 - 85 Baker Act admissions—71% of total admissions
 - Average length of stay—6 days
 - 0 persons are waiting for state hospital placement
 - 0 persons were placed at the state hospital
- Children’s Crisis Unit at Bayside Center for Behavioral Health—January
 - 44 total admissions
 - 44 Baker Act admissions—100% of total admissions
 - Average length of stay—3 days
 - 0 persons are waiting for state hospital placement
 - 0 persons were placed at the state hospital

UPCOMING MEETINGS:

Date	Time	Meeting	Location
2-16-12	5:30 p.m.	World Cafe	Peace Christian Church, North Port RSVP: http://worldcafenorthport.eventbrite.com/
2-17-12	8:00 a.m.- 12:00 p.m.	Addiction 101 Forum	Sarasota County Administration Center, 1660 Ringling Blvd., BCC Chambers, 1st Floor
2-27-12	12:00 p.m.	Criminal Justice Commission	Sarasota County Administration Center, Think Tank, 1660 Ringling Blvd., 3rd Floor
2-28-12	8:30 a.m.- 12:00 p.m.	Developmental Disabilities Summit "Our Community, Breaking Boundaries"	Sarasota County School Board, 1960 Landings Blvd., Blue Awning, Room 221
3-5-12	1:30 p.m.	Behavioral Health Strategic Planning Work Group	Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226
3-7-12	9:30 a.m.	Sarasota Partnership for Children	Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226
3-9-12	9:00 a.m.	SURE/ Behavioral Health Stakeholders' Consortium Work Group	Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 227
3-12-12	2:00 p.m.	Juvenile Assessment Center Advisory Committee	Sarasota County School Board, 1960 Landings Blvd., Blue Awning, Room 220
3-12-12	3:00 p.m.	Juvenile Justice Council	Sarasota County School Board, 1960 Landings Blvd., Blue Awning, Room 221
3-20-11	9:00 a.m.	Acute Care System Task Force, Redesign Oversight Committee, and Baker Act Advisory Committee	Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226
4-18-12	12:00 p.m.	Probation Advisory Board	Silvertooth Judicial Center, 2001 Ringling Blvd., 8th Floor Conference Room

This monthly report can be viewed at: www.sarasotaalliance.net as well as the summaries of several other meetings/task forces of the Community Alliance of Sarasota County.

For questions about the information on this report please contact Pam Meunier at 941-861-2578 or [Pam Meunier@doh.state.fl.us](mailto:Pam_Meunier@doh.state.fl.us)