

**Behavioral Health Strategic Planning Work Group and Pharmaceutical Diversion
Investigative Unit Joint Meeting
Summary**

January 6, 2009

- P.J. Brooks opened the meeting with introductions of the group members in attendance, as well as introducing Brooke Baker, the new Behavioral Health Planning Coordinator.
- P.J. shared the name change for the Work Group and the Stakeholders' Consortium from Substance Abuse and Mental Health to Behavioral Health.
- P.J. provided an update on the Open House Party Bill that was presented at the Criminal Justice Commission meeting prior to the Work Group meeting. There was a non-endorsement from the Commission in response to the bill.
- Brooke presented the first draft of the local logic model for review and discussion.
 - Brooke opened discussion on the age group and who these individuals are.
 - Brooke suggested the college age population as a portion of the age group given Sarasota has several local commuter schools, campuses, and community colleges.
 - The group discussed their knowledge indicated the age group was service industry and work force individuals. It was the groups' understanding that many local restaurants, bars, and hotels do not require drug testing. Therefore, workers can essentially use drugs without being held accountable at their jobs.
 - The group did agree we need to continue working to narrow down the age group because 20-24 year olds are decidedly different than 25-30 year olds.
 - Brooke presented the consequence and behavior data and shared we need more data to support the consequence data.
 - Diane Scheb indicated they have at least 12 admits a day at Sarasota Memorial Hospital, as a result of prescription drug misuse. She will work on getting the drug screen panel Emergency Room admission data from the hospital.
 - Detective Don Kennard said he could get Brooke in touch with the Sheriff's IT department in order to get the arrest data related to prescription drug misuse.
 - Detective Kennard also suggested Key Informant Interviews with jail/recovery pod inmates serving as a result of prescription drug misuse.
 - Ken Alexander recommended bringing in a doctor and pharmacist to the meeting to share with us their views on the issue at hand.
 - Cindy Harney suggested Dr. Rafael McGill as a doctor to bring in who would be more than happy to share with the group.
 - The group brought up Dr. Wakeland, who is a member of the group, as a possible Key Informant on pharmacy practices.
 - The group also discussed including Pharmacy Schools and District Managers from pharmacy chains as a source of information about effective programs and what we can do to help prescription drug misuse.
 - P.J. reminded the group of Scott Pritchard's survey data of all active clients in both residential and outpatient treatment at First Step. Preliminary data should be available shortly.
 - The group briefly discussed local contributing factors in the community.

- David Clapp shared that having grown up in Sarasota, it is not a kid-friendly community and adolescents do not have many options for things to do in the area.
 - P.J. discussed that our current prevention model is not working. We need to find out how/when individuals are engaging in prescription drug misuse, and maybe in turn intervene at the youth level, instead of waiting until they are in treatment.
- Detective Kennard shared with the group information on the NOPE (Narcotics, Overdose, Prevention, and Education) assemblies. The assemblies include a one hour presentation at area schools, in which several members of the community, including Cindy Harney, share with students the grim reality of this problem. The presentations are meant to be in your face, morbid, and shocking with an abrupt ending to get the clear message out. There is follow-up curriculum in the classrooms with teachers and resource instructors.
 - Brooke suggested surveying the students before/after the training to get intervening variables data to support the logic model.
 - The group agreed on surveying the students and discussed methods of getting the survey passed through the School Board. It was determined after the meeting that Brooke would create an online Zoomerang survey with the link provided at the school assemblies to students. They would be able to go home and complete the survey in the privacy of their own homes. Brooke will have the survey ready for the December 17 NOPE assembly at Sarasota High School. If the response is not great from the online survey, at the January meeting the group will discuss other methods of surveying the students.
- Detective Kennard shared the results from “Operation Medicine Cabinet.” 277 pounds of unused/expired medications and related materials were recovered throughout the county. The program was a great success with positive feedback from the community. They are currently looking for a more permanent solution to provide more options for the community to appropriately dispose of their unwanted medications. Detective Kennard shared that many people do not know what to do when they are finished taking their medicines, but still have pills in the bottles.
- Pam Meunier reminded the group of the next joint meeting with the Pharmaceutical Diversion Investigative Unit January 6, 2010 at 1:00. She suggested we discuss at the January meeting how often we want to have joint meetings between the two groups.

The next meeting of the Behavioral Health Strategic Planning Work Group will be held February 1 @ 1:30 at Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226.