

Behavioral Health Strategic Planning Work Group and Pharmaceutical Diversion Investigative Unit Joint Meeting

Summary

January 6, 2010

- Brooke Baker opened the meeting with introductions of the members in attendance.
- The group discussed future meeting dates and times and decided on joint meetings for April and July. At the July meeting, the group will determine future dates for joint meetings. Brooke will send the new 2010 meeting schedule to members after the meeting.
- Detective Kennard shared the **Pharmaceutical Diversion Investigative Unit (PDIU)** update with results from "Operation Medicine Cabinet." 277 pounds of unused/expired medications and related materials were recovered throughout the county. The program was a great success with overwhelming positive feedback from the community. The PDIU is currently looking for a more permanent solution to provide more options for the community to appropriately dispose of their unwanted medications.
- Detective Kennard provided an update on the **Narcotic Overdose Prevention and Education (NOPE)** Program. There have been two presentations in the county so far and the goal is to present to all middle and high school students in the county. The next schools on the list are North Port and Venice High and we will get date/time updates as they become available.
- Scott Pritchard provided an update and informative presentation on the current numbers related to prescription drug misuse in the county.
 - He shared several data sheets explaining Sarasota County's numbers in relation to fatal and non-fatal unintentional drug poisonings.
 - He explained the meaning behind many of the numbers and the importance of understanding the interpretation of data.
 - He opened up the meeting to questions/comments about the data and what types of data the group would be interested in for the future.
- Dr. Russ Vega echoed Scott's statements by cautioning the group to be careful with interpreting numbers and unintentionally being subjective in determining what the numbers may mean.
- Mark Porter shared that many people do not know prescription drug misuse is a problem. The group collectively agreed it is still not common knowledge for the majority of the community.
- P.J. Brooks questioned the data in terms of other deaths related to prescription drugs. The medical examiner numbers are not able to reflect other deaths where prescription drugs were a factor or present. Dr. Vega shared anecdotally that anywhere from one half to two thirds of deaths might be prescription drug related.

- Scott also shared preliminary data from the First Step treatment survey. They have had 90 participants complete the survey. Initial data shows individuals are getting their prescription drugs from friends or purchased on the street.
 - This brought up a discussion on where the drugs are originating. Dr. Phil Lascelle suggested that even though these individuals received their drugs from friends, etc., someone along the way is getting them from doctors and pain management clinics. While doctor shopping may not be the direct method for these survey participants, the group agreed it is still at the core of this problem.
- Brooke reviewed the Logic Model with the group. The age group has been finalized at 20-24 years old after Scott's data presentation. Brooke will be using the First Step survey data, Key Informant interview data, and Recovery Pod interviews to finalize the local contributing factors.
- Brooke shared the SARG process timeline and where the group is headed in the process. Phase 1 will be wrapping up at the end of this month and the plan is to begin Phase 2 in February.
- Brooke introduced Phase 2: Capacity and Resources Assessment with a brief summary and information about what the group will be doing next. She will send out the Resources Assessment form after the meeting to give group members an idea of what will be included in Phase 2.
- Cindy Harney distributed information about the 1st Annual **Families Against Addictive Drug Abuse** (FAADA) "Fight for Life" 5K at Lakewood Ranch Medical Center. Her hopes are for area organizations to set up tables and have information for participants about their programs or services in the community. The flier will be emailed to the group for further information.
- Brooke closed the meeting with a reminder of the next Behavioral Health Strategic Planning Work Group meeting February 1 at 1:30 pm. Detective Kennard reminded of the next PDIU meeting February 3 at 1:00 pm.

The next meeting of the Behavioral Health Strategic Planning Work Group will be held February 1 @ 1:30 at Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226.