

Behavioral Health Strategic Planning Work Group Meeting

Summary

March 1, 2010

- Brooke Baker opened the meeting with introductions of the members in attendance.
- Brooke clarified that the December meeting date will be Monday, December 6 at 1:30. There was an error on the 2010 Meeting Schedule that was distributed.
- Curt Lavarello shared about the **Sarasota Coalition on Substance Abuse (SCoSA)** Town Hall Meeting to be held April 21 at 9:00 a.m. at the Sarasota Military Academy. Dr. Dan Kennedy will be the host and Curt requested that anyone interested in sitting on the panel for the discussion needs to contact SCoSA.
- Curt asked the group what to do now when parents bring up local doctor's names that are overprescribing. The group shared concern over how to raise awareness about these doctors.
 - James McCloud also expressed frustration over housing issues involving pill mills being set up.
 - Brooke shared that the Department of Health has a Medical Quality Assurance council that addresses doctor complaints. Brooke will send out the web link following the meeting. She stressed that the individuals who submit a claim must be diligent in following up and staying active in their complaint process.
 - Detective Don Kennard agreed and shared that they are doing what they can from a law enforcement perspective and the more active individuals stay in their complaints the better outcomes they will have.
- Brooke shared a talking points handout for everyone to use as they are out in the community discussing prescription drug misuse in Sarasota County. The talking points will ensure that the group is using the same information in an effort to raise awareness.
- Brooke explained that the Prescription Drug Misuse Logic Model was submitted to the Department of Children and Families (DCF) for approval.
- Cindy Grant told the group the Logic Model was very well done and has received positive feedback, thus far. She explained that in all the communities she has worked with this was the first time a community received only a few comments. She congratulated the group on doing a great job with the logic model and she encouraged our efforts as we move with the Community Action Plan.
- Brooke introduced Phase 3: The Comprehensive Community Action Plan with a brief summary and information about what the group will be working on next. She explained that the action plan will seek to build capacity around Operation Medicine Cabinet and Sarasota Drug Free Workplace in order to strengthen strategies we currently have in our community.

- P.J. Brooks shared that when thinking about strategies to add in our community, we need to take an active role with doctors and work hand in hand with them to provide education on this issue.
- Sherry Reynolds discussed our need to include the dental professionals because they are prescribing significant amounts of the drugs most often abused.
- Cindy Grant shared that other communities are establishing Ordinances as part of their action plan.
- Cindy Grant shared the updated SARG process information. The state has determined that each community must also address underage alcohol use as an additional priority. As a result, Cindy spoke to the group about beginning a second SARG process on Priority 2: Underage Alcohol Use.
 - Brooke discussed worksheets 2-4 with the group to obtain feedback and additional data to begin to fill in the gaps in regards to underage alcohol use.
 - Mark Porter discussed the connection between alcohol use and prescription pill abuse. He stated that alcohol use in young adults can often be the gateway drug to other more dangerous abuse behaviors.
 - Brooke will send out the worksheets via email following the meeting for group members to fill in and submit based on data they have access to.
- John Lewis invited the group to the Tiger Bay luncheon at Michaels on East on Thursday, March 4. The lunch will include a prescription drug panel with Dr. Vega, Detective Kennard, and several other local key informants.
- Cindy Harney distributed updated information on the 1st Annual **Families Against Addictive Drug Abuse** (FAADA) "Fight for Life" 5K at the Sarasota Polo grounds. FAADA is inviting area organizations to set up tables to provide information for participants about their programs or services in the community. Brooke will send a meeting follow-up email with Cindy's email address for further information.
- Cindy also informed the group that a local documentary aired last week on PBS titled, *Crossroads*. The program included an interview with Cindy, as well as footage from the NOPE presentations. Cindy will be receiving copies to distribute soon.
- Cindy and Ruth Lyerly have a meeting confirmed with Congressman, Vern Buchanan and they will also be visiting the FDA and the DEA to discuss prescription drug misuse issues.
- Amy Samsal announced the Newtown CHAT monthly Community Walk on April 17 at 9:00 a.m.. The theme for the April walk is Alcohol Awareness. They are still looking for partner organizations to have information available for participants about their programs or services in the community. For more information on this event contact Diane Ramseyer at diane_ramseyer@doh.state.fl.us.
- Brooke closed the meeting with a reminder that the next work group meeting is a joint meeting with the **Pharmaceutical Diversion Investigative Unit** (PDIU) on April 7 at 1:00 p.m., not the usual time of 1:30. Detective Kennard reminded the group about the next PDIU meeting March 3 at 1:00 pm.

The next meeting of the Behavioral Health Strategic Planning Work Group will be a joint meeting with the Pharmaceutical Diversion Investigative Unit held April 7

at 1:00 NOT 1:30 at Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226.