

Behavioral Health Strategic Planning Work Group Meeting

Summary

September 8, 2010

- Brooke Baker, the Behavioral Health Planning Coordinator, opened the meeting with introductions of the members in attendance.
- Brooke provided an update on Priority 1: Prescription Drug Misuse. She shared a draft of the Epi-Gram: Special Edition publication to be faxed and emailed to all medical professionals in Sarasota County as an initial education piece. This publication will also serve as a model for other counties throughout Florida to encourage their Health Departments to become involved in these initiatives and reach out to the medical professionals in their communities.
- Brooke provided an update on Priority 2: Underage Alcohol Use. She shared that the Community Action Plan was submitted to the Department of Children and Families via Central Florida Behavioral Network (CFBHN) for approval.
 - Brooke shared the first Community Dashboard document that will be prepared monthly to monitor success for both priorities. This document provides the community with updated data on all outcome measures to ensure we are moving in the right direction on each data point.
- Brooke introduced a discussion on a potential Priority 3: Co-Occurring Capability. She explained that at the August Behavioral Health Stakeholders' Consortium meeting, a discussion ensued regarding Sarasota's Co-Occurring Capability Plan and it was proposed that the Behavioral Health Strategic Planning Work Group would be the appropriate group to move forward with the plan given the group membership and planning function.
 - P.J. Brooks, with First Step of Sarasota, updated the group on the history of participating in co-occurring capability planning with a workshop in which many group members participated in completing the CO-FIT tool to establish a baseline for where Sarasota stands in terms of co-occurring capability.
 - The group expressed interest in moving in this direction and agreed this seemed the logical body to develop a plan regarding Sarasota's co-occurring capabilities.
 - Brooke will be meeting with Marcia Monroe, of CFBHN, to get more information regarding this additional planning direction. She will also email a draft of the plan to the group members prior to the October 6 meeting for future discussion at the meeting.
- The group discussed the Drug Free Sarasota community webpage (www.scgov.net/drugfreesarasota).
 - Brooke requested from the group national webpage resources to add to the website. She asked the group to also include a one or two sentence description of the page and why it may be useful for the community.
 - Tom Davie, with First Step of Sarasota, suggested adding a section specifically targeting the senior population and the unique dangers they may be facing regarding prescription drug misuse.

- Ken Alexander, with Sarasota Memorial Hospital, suggested adding a *Marchman Act* section. This page should discuss what you need, where you need to go, and how to complete the paperwork to initiate a *Marchman Act*.
- Laura McIntyre, the Child Welfare Systems Advocate, suggested providing guidance on petitioning the courts for an *Ex Parte* order, by attaching the paperwork for families to begin browsing at home.
- Ken also suggested providing more data related details for readers who may be interested in more information. He suggested offering a data/graph page that explained the issues in greater detail.
- Rod Myers, with Believers Against Abuse and Neglect of Kids, suggested adding the Sarasota County Sheriff's Office crime tip line in a more accessible location on the website. He also suggested including a Speakers Bureau page to offer the community a list of outreach individuals who could bring the message throughout Sarasota.
- P.J. provided the group with an update regarding the community outreach videos. He indicated that the Educational Channel is willing to film two 28 minute segments to be run at various times of the day. The preliminary planning for the videos established one video targeting adults and one video targeting youth.
 - Hilary Woodcum, with the Sarasota Coalition on Substance Abuse, suggested for the youth video to have as much of the message come from youth. In her research throughout the community, teens have explained that they would rather hear substance abuse related messages from peers or young adults.
 - Sandy Lang, with the Sarasota County Aging Network, discussed the need for facilitators to be trained on taking this message out into the community to encourage interactive discussions at community centers and other locations where residents may be unable to leave their neighborhood, but want to protect their homes and safety.
- Shelley Rence, with Healthy Start, provided an update on a new method of weaning substance exposed newborns. She shared that many hospitals are switching from Methadone to Morphine because the Morphine weaning process takes place in the safety of the hospital, whereas with Methadone, families were sent home with a regimen of Methadone after the infant was discharged, which could be challenging to ensure the infant was indeed receiving the Methadone and being safely monitored.
- Brooke reminded that the public hearing to extend the Pain Clinic Ordinance expiration language is September 14 in Venice at the R.L. Administration Building.
- Brooke closed the meeting with a reminder that the next work group meeting is a joint meeting with the **Pharmaceutical Diversion Community Partnership** on October 6 at 1:00 p.m., not the usual time of 1:30.

The next meeting of the Behavioral Health Strategic Planning Work Group will be a joint meeting with the Pharmaceutical Diversion Community Partnership held October 6 at 1:00 NOT 1:30 at Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 226.