

Substance Abuse and Mental Health Stakeholders' Consortium and Acute Care System Task Force Monthly Report

July 21, 2009

Acute Care System Task Force (ACSTF)

- The last meeting was May 19.
- Representatives from the Addictions Receiving Facility (ARF) at First Step, the Crisis Stabilization Unit (CSU) at Coastal Behavioral Healthcare (CBH), and Bayside Center at Sarasota Memorial Hospital (SMH) were at the meeting to represent the acute care facilities.
- The Sarasota Sheriff's Office reported that 8 Marchman Act detainees were brought to the jail in March and 8 in April, primarily due to combativeness.
- There were 78 admissions to the ARF in March and 79 in April.
 - The average length of stay continues to be four days.
 - The average wait time for law enforcement dropping off Marchman Act detainees has been four minutes.
 - See the detailed June ARF report on page two and three of this report.
- The CSU reported that in March 90% of the total adult admissions were initiated by a Baker Act (involuntary) and in April 71%.
 - The children's unit Baker Act admissions were 87% of the total admissions in March and 53% in April.
 - There were 46 total admissions to the Children's CSU in March and 49 in April which is higher than normal. The economy appears to be playing a role in the steady increase in admissions according to the CSU and the school nurses who are seeing more children with stress related ailments. Many children are experiencing homelessness with their families.
 - See the detailed June CSU report on pages three and four of this report.
- CBH provided a report on the site visit, that several members of the ACSTF participated in, to the Short Term Residential Treatment (SRT) Program at Mental Health Care (MHC) in Tampa. There was a sharing of information and decisions made that will facilitate a smooth transition for the people at the SRT at Manatee Glens Hospital to be transferred to MHC by July 1.
 - There was an explanation of the role of the SRT Liaison that will be hired and supervised by CBH:
 - This position will be the liaison between MHC and the community, diverting people from this service when possible, actively participating on the treatment team when people are admitted, and ensuring a smooth transition back to the community upon discharge, with appropriate services in place. This position will be connected to the FACT Team at CBH.
- SMH reported that although the numbers in the Emergency Care Center (ECC) have been higher than normal the Secure Emergency Care Unit (SECU) has not gone over capacity (four beds) with Baker Act and Marchman Act detainees for quite some time. The year to date average daily SECU census has been 2.72. There was a recent review of 33 SECU patients to determine their outcomes:
 - 20 went beyond 24 hours in the SECU
 - 6 were rescinded
 - 4 went beyond 48 hours in the SECU
 - 3 were transferred to CBH
- SMH announced that a free standing ECC will be opened in North Port in August.

- DCF announced that people in Desoto County who have a Baker Act initiated by law enforcement will now be transported to the nearest Charlotte County CSU instead of CBH or SMH.
- DCF also indicated that there will no longer be funding for supported employment although the funds will be shifted to the Comprehensive Community Service Team at CBH.
- Laura McIntyre, the newly hired Child Welfare Systems Advocate for the 12th Judicial Circuit, introduced herself and informed the group that her role is to serve as a private citizen to monitor the delivery of child welfare services in Sarasota, Manatee, and Desoto Counties. She is charged with evaluating concerns, communicating with providers, assessing current services, and collecting and reviewing data in an effort to assist the Family Safety Alliance and DCF in providing oversight and guidance for the children and families involved in the child welfare system.
- An announcement was made to the group that Martha Lenderman will be providing another **Baker Act training, August 25 from 1:00-4:00 at Sarasota County Health and Human Services, 2200 Ringling Blvd., second floor auditorium.** This training will be specific to long term care providers and is a repeat of the April 21 training at Sarasota Memorial Hospital.
- **The next meeting of the Acute Care System Task Force is scheduled for September 15 at 9:00 at Sarasota County Health and Human Services, 2200 Ringling Blvd., second floor auditorium.**

Community Alternative Residential Treatment (CART) Initiative

- Phase 1- The Addictions Receiving Facility (ARF)
 - Admissions
 - As of June 30 there have been 2,561 total involuntary admissions—total admissions for June—85
 - 854 (34%) involuntary admissions resulted from Protective Custody Orders initiated by local law enforcement officers—total admissions for June—17
 - 458 were initiated by the SPD
 - 261 were initiated by the SSO
 - 112 were initiated by the VPD
 - 21 were initiated by the NPPD
 - 1 was initiated by the New College Police Dept.
 - 1 was initiated by the Sarasota/Bradenton International Airport Police Dept. (recently CIT trained).
 - 1,283 (50%) involuntary admissions resulted from emergency admissions initiated by local ER physicians (SMH, Venice Hospital, Doctors Hospital, and the CSU)—total admissions for June—50
 - 373 (14%) involuntary admissions resulted from *ex parte* orders (court orders) for involuntary assessment and stabilization—total admissions for June—15
 - 50 (2%) involuntary admissions resulted from a “pick up order”—total admissions for June—3
 - The highest numbers of admissions are during the 3:00 p.m.-11:00 p.m. shift (40%) and the 7:00 a.m.-3:00 p.m. shift admits (38%).
 - **The average wait time for law enforcement officers at the ARF was 4 minutes in June (a low of 1 minute to a high of 15 minutes)—allowing the officers to be back out in the community quickly.**
 - Discharges
 - The average length of stay for participants in June was 5 days.
 - 98% of involuntary participants admitted to the ARF to date have successfully completed medically-supervised detoxification.
 - 240 (9%) of involuntary participants discharged from the ARF were referred to the VIP-ER Program to date.

- 1,582 (61%) involuntary participants discharged from the ARF were referred to outpatient treatment programs in the community to date.
 - Other referrals were made to residential treatment programs, halfway houses, shelters, or homes/families.
 - A total of 76 clients who were admitted involuntarily to the ARF, and then referred to the VIP-ER Program, have graduated from the VIP-ER Program to date.
 - Prior to the ARF opening on August 1, 2006 an average of 70 Marchman Acts were brought to the jail monthly. The monthly average now is 14 mostly due to combativeness.
- Phase 2 - VIP-ER Program
 - 38 classes have graduated to date with a 76% completion rate (437/574).
 - 76% of participants to date have restored their relationship with their families as a result of participation in the program.
 - 84% of graduates are working within the first two weeks of program completion. The local job market has a number of service and retail positions available at this time which is advantageous for graduates who are typically well matched for this type of position in early recovery.
 - For clients who successfully completed the program to date and who could be located at the time of 3-month follow-up, 72% indicated that they were still sober; at 6-month follow-up, 62%; and at the 12-month follow-up, 61%. These are remarkable results—the national average for sobriety at 12 months out is only 10%.
- Phase 3- Transitional Housing
 - The Transitional Housing Inventory for Sarasota, Manatee and Desoto Counties will be going live on "Tapestry" soon.
 - Jon McKenzie, Project Manager for the IDEAS/"Tapestry" system, provided a training June 30 that was targeted to the persons the housing providers identified as the "secure person." This group was instructed in entering the initial agency and housing information and shown the procedure for updates to the inventory.
 - Jon asked the providers to review and submit a Software Use and Data Sharing Agreement and a HIPAA Business Associate Agreement for execution.
 - Jon gave the providers an operations guide.
 - There will be additional training for those providers who did not attend the training and want to be included in the inventory.

Crisis Intervention Team (CIT) Training Committee

- The next CIT Committee Meeting is scheduled for August 6 at 1:00 at Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 227.
- **The next 40-hour CIT class is scheduled for August 24-28 at the Criminal Justice Academy at the Sarasota County Technical Institute (SCTI) at 4748 Beneva Rd., Sarasota. This will be class number 14.**
 - **The graduation for this class will be held at SCTI August 28 at 3:00. The community is encouraged to attend and show support for this community collaboration.**
 - 344 officers have been trained to date
- The next Florida CIT Coalition meeting is scheduled for September 11 at 10:00 at Lakeside Behavioral Healthcare, 1800 Mercy Drive, Orlando.

Crisis Stabilization Unit (CSU) Report

- Adult Crisis Unit—June, 2009
 - 107 total admissions
 - 53 Baker Act admissions—50% of total admissions
 - Average length of stay—3 days

- 3 persons are waiting for Short Term Residential (SRT) placement
- 1 person is waiting for state hospital placement
- 3 persons were placed at the SRT or state hospital
- Children's Crisis Unit—June, 2009
 - 23 total admissions
 - 16 Baker Act admissions—70% of total admissions
 - Average length of stay—5 days
 - Juvenile Addictions Receiving Facility (JARF) shared beds on the children's unit
 - 6 admissions
 - Average length of stay—5 days

Criminal Justice Update

- A 48-bed substance abuse treatment POD has been opened in the Sarasota County Jail in collaboration with The Salvation Army. On the first day, 33 inmates were moved into the POD, with the possibility of an expansion to 48 inmates in the future.
- The focus and structure of the newly developed POD is similar to the vision for future programming in a Community Corrections Center and aligns with the policy framework goals of the Criminal Justice Commission.
- **The next meeting of the Criminal Justice Commission is scheduled for July 27 at 12:00 at the Sarasota County Administration Center Commission Chamber at 1660 Ringling Blvd.**

Sarasota Partnership for Children's Mental Health (SPCMH)

- As the SPCMH enters its fifth year of funding from the Substance Abuse and Mental Health Services Administration, the focus turns to sustaining efforts that strengthen the system of care that supports early childhood mental health and well-being. Strategies include:
 - Establishing a Sustainability Work Group to guide efforts to maintain or strengthen services for young children and their families and the infrastructure that supports the services,
 - Developing training programs to apply System of Care Core Values into programs, services, and agencies in the community. Through interactive training, providers will learn how family service teams develop individualized service plans that build on the unique strengths of each child and each family, in ways that are consistent with the family's culture and language.
 - Maximizing possible funding streams for sustainability of mental health services and supports through federal, state, local public and private funding sources.
- In July, the SPCMH will be well-represented at the Summer Systems of Care Conference in Anaheim, California. The SPCMH team will present a workshop on the tiered care management service delivery model for young children at the Early Childhood Communities Pre-Conference Workshop.
- Liza Leonard, BSW, LCSW is the newest addition to the SPCMH team. She will serve as the Community Outreach Coordinator which will allow her to utilize both her clinical background and passion for community outreach.

Substance Abuse and Mental Health Stakeholders' Consortium (SAMHSC)

At the June 19 Substance Abuse and Mental Health Stakeholders' Consortium (SAMHSC) the following emerging issue was discussed:

- The Sarasota County National Alliance for the Mentally Ill (NAMI) representative, Dale Lux, announced that May is Mental Health Month at the May 15 meeting and asked the group if they would support an event in May 2010 as a way of bringing attention to the issues surrounding mental illness. At that time the group recommended adding a substance abuse focus as well.
 - Dale indicated that a small group met to discuss the goals of the event and determined that awareness, access, and advocacy would be the overall theme.

- Dale asked for volunteers to form a planning committee for this event.
 - Several members of the group indicated an interest in participating in the planning for this event.
 - If you would like to help with this effort please email: Pam.Meunier@doh.state.fl.us
- Shelley Rence, with Healthy Start, presented information about substance exposed newborns in Sarasota County.
 - A Substance Exposed Newborn Prevention Sub Committee was formed as a work group of the Children's Committee to work towards better outcomes for newborns that are substance exposed prior to birth and to develop a solution based dialogue with SMH and DCF regarding the laws and protocols that sometime prevent a newborn from receiving care.
 - Positive drug screens have doubled from 105 in 2007 to 220 in 2008. Of great concern is that opiate use has tripled. This is a shift from cocaine use.
 - The court no longer orders drug screens for pregnant women but SMH does still drug test without a court order.
 - Healthy Start has nurses and social workers out in the community with pregnant mothers and their children to educate them about healthy behaviors.
- PJ Brooks, a co-chair of the Substance Abuse and Mental Health Strategic Planning Work Group, reported that this group has met twice to start to develop a community action plan that will be specific to substance abuse prevention first and then the group will focus on mental health issues.
 - DCF asked that a work group of the SAMHSC assume this task for Sarasota County in order to be able to make data driven funding decisions, with local input, in the future.
 - DCF requires a Call to Action proposal to be completed by this group in order to contract with DCF to provide funding for a part-time coordinator position that will assist with developing the community action plan.
 - The first task is to gather local data from all sources in order to identify the conditions that are contributing to certain problems that can serve as points for intervention, collaboration, and change.
 - Monthly meetings of the work group have been scheduled for the first Monday of every month until further notice. The next meeting is scheduled for August 3 at 1:30.
 - If you are interested in being part of this work group and/or you can provide data that will be helpful in this effort, email: Pam.Meunier@doh.state.fl.us
- Captain Richard Montemagno, representing the Sarasota County Jail, informed the group that The Salvation Army was participating in a new concept at the jail—an Addictions Recovery Pod. This is a special section of the jail that has been set aside for up to 48 eligible inmates who are being taught how to break the cycle of addictions and returning to jail. Eligible inmates must meet the requirements set by the classification department and have an interest in sobriety and redeveloping their lives.
 - Local volunteers from the recovery community along with instructors working with The Salvation Army provide recovery meetings and classes.
 - This new approach is providing exposure to the corrections staff for a different operating model that could possibly be utilized in a future Community Corrections Center.
- An announcement was made that the Prescription Monitoring Program Bill (SB 462) was signed by the Governor and will go in to affect July 1. This law will make it more difficult for persons seeking prescription drugs illegally and the doctors who are prescribing in an unethical manner. Eventually a tracking system will be established as a result of this new law.

The next meeting of the **Substance Abuse and Mental Health Strategic Planning Work Group** is scheduled for Monday, **August 3** at 1:30 at Sarasota County Health and Human Services, 2200 Ringling Blvd., second floor auditorium.

The next meeting of the **Substance Abuse and Mental Health Stakeholders' Consortium** is scheduled for Friday, **August 21** at 9:00 at Sarasota County Health and Human Services, 2200 Ringling Blvd., second floor auditorium.

The next meeting of the **Mental Health and Substance Abuse Day Planning Committee** is scheduled for Friday, **August 21** at 10:30 (following the SAMHSC) at Sarasota County Health and Human Services, 2200 Ringling Blvd., Room 2063

The next meeting of the Acute Care System Task Force is scheduled for Tuesday, **September 15** at 9:00 at Sarasota County Health and Human Services, 2200 Ringling Blvd., second floor auditorium.

Please note this change: Videoconferencing will NOT be available until further notice for the Acute Care System Task Force participants (scheduling conflict with the equipment) yet will still be available for the Stakeholders' Consortium participants in the southern part of the County at the Venice Health Dept., 7810 Tamiami Tr., in the Healthy Start suite if you indicate that you will be attending the meeting in Venice.

This monthly report can be viewed at: www.sarasotaalliance.net as well as the summaries of several other meetings/task forces of the Community Alliance of Sarasota County.

A Community Calendar of Events can be accessed at the Information and Data Exchange Alliance of the Suncoast (IDEAS) website at: <https://suncoastos.org/cms/> or as a link from the website above.

For questions about the information on this report please contact Pam Meunier at 941-861-2578 or Pam.Meunier@doh.state.fl.us