

Substance Abuse and Mental Health Stakeholders' Consortium and Acute Care System Monthly Report

Summary

March 12, 2008

CART Initiative

- Phase 1-The Addictions Receiving Facility (ARF)
- As of February 29 there were 2,833 admissions.
- 1,320 involuntary - 46% and 1,513 voluntary - 54%
- The average wait time for law enforcement officers dropping off Marchman Act detainees at the ARF was 7 minutes in February—allowing the officers to be back out in the community quickly.
 - Prior to the ARF opening on August 1, 2006 an average of 70 Marchman Acts were brought to the jail monthly. The monthly average now is 13—mostly due to combativeness.
 - **www.fsos.org is now available to determine real time bed availability for law enforcement and referring entities.**
- Phase 2-10-week Residential Treatment (VIP-ER Program)
- 24 classes have graduated to date with a 77% success rate.
- For clients who successfully completed the program and who could be located at the time of 3-month follow-up, 63% indicated that they were still sober; at 6-month follow-up, 57%; and at the 12-month follow-up, 49%. These are remarkable results—the national average for sobriety at 12 months out is only 10%.
- Phase 3-Transitional Housing
 - Transitional Resources, Inc. is operating two sober houses with a total of 12 beds.
 - Tammi Recovery with Gateways for Positive Living, formerly known as Coastal Renaissance, Inc., has four houses for men and two for women in north Sarasota County (30 beds). In addition, they have four houses for men and two for women in North Port (34 beds) to total 64 beds.
- First Step (FSoS) has purchased a property to provide sober housing, with six, 3 bedroom units.

Criminal Justice Update

- An ordinance has been approved by the BCC to allow for a public hearing April 23 regarding the substance abuse trust fund. The ordinance will go into effect May 1.
 - The new revenue generated from the trust fund will allow for annual grants to be awarded for prevention and treatment services.
 - The Criminal Justice Commission will make annual recommendations to the BCC for grant awards.
- A tour for providers is being scheduled to observe programs and learn about the operations at the Hillsborough and Orange County facilities for detention facility planning.

CIT Training

- The next CIT class will be April 28-May 2 at the North Port Police Department.

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Acute Care System Task Force (ACSTF)

- The last meeting was January 15.
 - Representatives from the Addictions Receiving Facility (ARF), Venice Regional Medical Center (VRMC), and Englewood Community Hospital (ECH) were at the meeting to represent the acute care facilities.
 - Involuntary admissions—specifically protective custody orders (initiated by law enforcement) to the ARF were lower than usual in November and December.
 - There may be a correlation between lower protective custody orders and an increase in arrests for local ordinance violations according to Capt. Montemagno from the Sarasota Sheriff's Office. There was also a significant reduction in persons detained on a Marchman Act being brought to the jail (2 in November and 8 in December) The Criminal Justice Policy Coordinator, Wayne Applebee, researched the data to determine if there was a possible connection.
 - The ARF reported a reduction in the wait time for law enforcement when they drop off individuals, from 7 minutes in November to 4 minutes in December.
 - ECH reported a reduction in wait time for Baker Act patient transfers from their ER to the appropriate facility.
 - Kathy Fischer, the ER Director, attributes this improvement to the conversations that have been happening at these meetings and other community meetings, creating more of an ownership of the problem mentality.
 - VRMC reported that they now have a neuro clinical psychologist on staff who is evaluating Baker Act patients in the ER. This is allowing for rescissions when appropriate and appears to be reducing the number of transfers.
 - Mental Health Community Centers (MHCC) explained their Support, Education, and Treatment (SET) Program. This is a step down program for those consumers who are not ready for the drop-in center environment. MHCC also provides day treatment services to consumers formally served by Coastal Behavioral.
- The next meeting is scheduled for March 18 at 9:00 a.m.

Community Alternative Residential Treatment (CART) Initiative

- Phase 1- The Addictions Receiving Facility (ARF)
 - Admissions
 - As of February 29 there were 2,833 admissions.
 - 1,320 involuntary - 46% and 1,513 voluntary - 54%
 - 461 (36%) involuntary admissions resulted from Protective Custody Orders initiated by local law enforcement officers.
 - 262 were initiated by SPD
 - 137 were initiated by SSO

- 49 were initiated by VPD
 - 12 were initiated by NPD
 - 1 New College Police Dept.
 - 664 (50%) involuntary admissions resulted from emergency admissions initiated by local ER physicians (SMH, Venice Hospital, Doctors Hospital).
 - 168 (12%) involuntary admissions resulted from *ex parte* orders (court orders) for involuntary assessment and stabilization.
 - 27 (2%) involuntary admissions resulted from a “pick up order.”
 - **The average wait time for law enforcement officers at the ARF was 7 minutes in February.**
- Discharges
 - The average length of stay for participants was 5 days, in February.
 - 97% of involuntary participants admitted to the ARF, October 1, 2007–December 31, 2007, have successfully completed medically-supervised detoxification.
 - 115 (9%) of involuntary participants discharged from the ARF were referred to the VIP-ER Program to date.
 - 748 (56%) involuntary participants discharged from the ARF were referred to outpatient treatment programs in the community to date.
 - Other referrals were made to residential treatment programs, halfway houses, shelters, homes/families.
 - A total of 40 clients who were admitted involuntarily to the ARF and then referred to the VIP-ER Program have graduated from the VIP-ER Program to date.
 - Alcohol is the drug of choice for most ARF admissions (79%).
 - Prior to the ARF opening on August 1, 2006 an average of 70 Marchman Acts were brought to the jail monthly. The monthly average now is 13- mostly due to combativeness.
 - **www.fsos.org is now available to determine real time bed availability for law enforcement and referring entities.**
- Phase 2- 10-week Residential Treatment (VIP-ER Program)
 - 24 classes have graduated to date with a 77% completion rate.
 - The last class had a 100% completion rate.
 - Class 25 will graduate March 28 at The Salvation Army at 7:00 p.m. and the community is encouraged to attend and show support.
 - 58% of participants have received co-occurring psychiatric services to date.
 - 93% of participants referred for primary care services received a comprehensive physical exam to date.
 - 84% of participants received family reunification services to date.
 - 60% of participants were reunited with their families before graduation to date.
 - 100% of participants received job counseling and job referrals.
 - 100% of participants are involved in vocational activities (jobs, job training, or education) at discharge.
 - 81% of the last 3 graduating classes are working, with an average wage ranging from \$6.70-\$25.00 per hour at positions such as

- sales associate, office assistant, restaurant management, medical assistant, and registered nurse.
 - 40 participants have graduated to date that were referred to the VIP-ER Program from the ARF.
 - Program clients average 40 years of age, with the youngest client being 18 and the oldest being 62 at time of admission.
 - Only 37% report having a high school diploma or GED, 5% have attended a vocational school, and 9% have a post-high school degree.
 - Over 92% of the clients report that they are homeless at the time of admission.
 - 80% of clients report that they are “unemployed” at the time of admission.
 - The most commonly reported “primary” substances used were alcohol (48%), cocaine/crack (36%), heroin (4%) and marijuana/hash (4%).
 - For clients who successfully completed the program and who could be located at the time of 3-month follow-up, 44% indicated that they were still sober; at 6-month follow-up, 62%; and at the 12-month follow-up, 44%. These are remarkable results—the national average for sobriety at 12 months out is only 10%.
 - 61% have been arrested and convicted in Sarasota County prior to program admission.
 - 18% of VIP-ER program graduates were arrested and convicted in Sarasota County within the 18 month follow-up period.
- Phase 3- Transitional Housing
 - Transitional Resources, Inc. (TRI) has two, six-bed sober houses open in Sarasota for men in recovery.
 - Brian Meadows, Housing Director for Tammi Recovery with Gateways for Positive Living, formerly known as Coastal Renaissance, Inc., reported at the February 15 Consortium that they have four houses for men and two for women in north Sarasota County (30 beds). In addition, they have four houses for men and two for women in North Port (34 beds) to total 64 beds.
 - Many referrals are coming from the VIP-ER Program and the First Step Choices Program.
 - Average length of stay is three to six months.
 - The vacancy rate is around 28% presently.
 - First Step (FSoS) reported at the February 15 Consortium that they have purchased a property to provide sober housing, with six, 3 bedroom units.
 - Three of the units have been leased for sober housing and the remaining three units are not going to be available until the prior leases end.
 - FSoS is leasing to families and individuals with a total monthly rent of \$1,200—if 3 unrelated individuals rent one bedroom each in a 3 bedroom unit in this apartment house, the cost would be \$400 a month for each. The target population is persons who have completed a substance abuse treatment program.

Crisis Stabilization Unit (CSU) Report for January 1, 2007-December 31, 2007

- Adult Crisis Unit
 - 1,145 admissions—95-monthly average
 - Baker Act admissions—74% of total admissions
 - Average length of stay (including outliers)—6 days
- Children’s Crisis Unit