

**Substance Abuse and Mental Health Stakeholders' Consortium and Acute Care  
System Monthly Report  
Summary**

**May 16, 2008**

Community Alternative Residential Treatment (CART) Initiative

- Phase 1-The Addictions Receiving Facility (ARF)
  - As of April 30 there were 3,141 admissions.
  - 1,474 involuntary - 47% and 1,667 voluntary - 53%
  - The average wait time for law enforcement officers dropping off Marchman Act detainees at the ARF was 6 minutes in April—allowing the officers to be back out in the community quickly.
    - Prior to the ARF opening on August 1, 2006 an average of 70 Marchman Acts were brought to the jail monthly. The monthly average now is 18—mostly due to combativeness.
    - [www.fsos.org](http://www.fsos.org) is now available to determine real time bed availability for law enforcement and referring entities.
- Phase 2-VIP-ER Program
  - 26 classes have graduated to date with a 78% success rate.
  - For clients who successfully completed the program and who could be located at the time of 3-month follow-up, 74% indicated that they were still sober; at 6-month follow-up, 63%; and at the 12-month follow-up, 56%. These are remarkable results—the national average for sobriety at 12 months out is only 10%.
  - 94% of the last 4 graduating classes are working, with an average wage ranging from \$6.70-\$25.00 per hour at positions such as sales associate, office assistant, restaurant manager, medical assistant, and registered nurse.
- Phase 3-Transitional Housing
  - Transitional Resources, Inc. is operating two sober houses with a total of 12 beds.
  - Tammi Recovery with Gateways for Positive Living has four houses for men and two for women in north Sarasota County (30 beds). In addition, they have four houses for men and two for women in North Port (34 beds) for a total of 64 beds.
    - First Step (FSoS) has six, 3 bedroom units in an apartment complex encompassing 3 buildings (18 beds).
    - The Transitional Housing Committee will reconvene on May 20 at 3:30 at the Health Department to discuss supply and demand issues, the oversight role of this committee, and possible expansion of the target population for sober housing. Drew Clayton will serve as the new chair for this committee.

Criminal Justice Update

- The next Criminal Justice Commission meeting will be May 19 at 12:00 at the Health Department.
  - There will be a presentation on the Washington County, Oregon site visit.
- The Community Partners work group meeting will be May 19 at 10:30 at the Health Department.

Crisis Intervention Team (CIT) Training Committee

- Class # 11 graduated 28 officers on May 2 for a total of 286 trained officers.

# Substance Abuse and Mental Health Stakeholders' Consortium and Acute Care System Monthly Report

May 16, 2008

## Acute Care System Task Force (ACSTF)

- The last meeting was March 18.
  - Representatives from the Addictions Receiving Facility (ARF), the Crisis Stabilization Unit (CSU) at Coastal Behavioral Healthcare (CBH), and Sarasota Memorial Healthcare's (SMH) Bayside Center were at the meeting to represent the acute care facilities.
  - The Juvenile Addictions Receiving Facility (JARF), located at the children's CSU at CBH, had a total of 18 admissions year to date.
    - There was discussion about whether the community is aware of the availability of secure, medically-supervised beds for children under 18 years of age who are in need of this service.
    - A suggestion was made to discuss this with Sherri Reynolds, with the school board, to determine if parents and school personnel are aware of this service—especially in light of the reported increase in prescription drug use for school age children.
  - SMH reported an increase in Baker Act and Marchman Act patients in their emergency room in February—an average of 4.1 per day, with one day at 10. Length of stay is increasing due to an increase in medically-compromised elderly patients.
  - Ambitrans, the County-funded Baker Act and Marchman Act transportation provider, submitted a report indicating there were 121 Baker Act clients and 70 Marchman Act clients transported to various sites in February.
  - Susan Nunnally, with the Department of Children and Families (DCF), provided information about Short Term Residential (SRT) programs in the Suncoast Region and the process for admission.
    - A court order is required for an SRT admission and often there is a significant wait time from when a client is admitted to the CSU and then discharged to an SRT.
    - Individuals may be admitted to an SRT only upon a referral from a receiving facility; therefore persons residing in an Addictions Receiving Facility would not be eligible for admission to an SRT. Comments were made that a similar type of program would be beneficial to individuals in the ARF.
  - Susan also informed the group that she continues to meet regularly with the ERs and the CSU to work on the communication of data that facilitates the movement of clients through the system. They are also working on updating their exclusionary lists to cut down on inappropriate transfers.
  - Physicians from all of the ER's, the CSU, and the ARF continue to meet on a regular basis to work out issues that arise at their level. According to those in attendance, this appears to be valuable.
  - Ken Alexander, a member of Florida Partners in Crisis, a statewide advocacy group, distributed information on the two legislative priorities for this group:
    - To ensure that the Reinvestment Act funding is not cut from the FY 2009 budget

- To ensure that the Supreme Court Recommendations, also known as the Community Mental Health and Substance Abuse Treatment and Crime Reduction Act , are adopted
- The next meeting is scheduled for May 20 at 9:00.

### Community Alternative Residential Treatment (CART) Initiative

- Phase 1- The Addictions Receiving Facility (ARF)
  - Admissions
    - As of April 30 there were 3,141 admissions.
    - 1,474 involuntary - 47% and 1,667 voluntary - 53%
    - 471 (34%) involuntary admissions resulted from Protective Custody Orders initiated by local law enforcement officers.
      - 276 were initiated by SPD
      - 147 were initiated by SSO
      - 55 were initiated by VPD
      - 14 were initiated by NPPD
      - 1 New College Police Dept.
    - 754 (51%) involuntary admissions resulted from emergency admissions initiated by local ER physicians (SMH, Venice Hospital, Doctors Hospital).
    - 197 (13%) involuntary admissions resulted from *ex parte* orders (court orders) for involuntary assessment and stabilization.
    - 30 (2%) involuntary admissions resulted from a “pick up order.”
    - **The average wait time for law enforcement officers at the ARF was 6 minutes in April.**
  - Discharges
    - The average length of stay for participants was 5 days in April.
    - 98% of involuntary participants admitted to the ARF to date have successfully completed medically-supervised detoxification.
    - 123 (8%) of involuntary participants discharged from the ARF were referred to the VIP-ER Program to date.
    - 848 (58%) involuntary participants discharged from the ARF were referred to outpatient treatment programs in the community to date.
    - Other referrals were made to residential treatment programs, halfway houses, shelters, homes/families.
    - A total of 42 clients who were admitted involuntarily to the ARF and then referred to the VIP-ER Program have graduated from the VIP-ER Program to date.
    - Alcohol is the drug of choice for most ARF admissions (79%).
    - Prior to the ARF opening on August 1, 2006 an average of 70 Marchman Acts were brought to the jail monthly. The monthly average now is 18, mostly due to combativeness.
    - **[www.fsos.org](http://www.fsos.org) is now available to determine real time bed availability for law enforcement and referring entities.**
- Phase 2 - VIP-ER Program
  - 26 classes have graduated to date with a 78% completion rate.
  - The last two quarters of this fiscal year there has been an average completion rate of 83%.

- Class 27 will graduate June 6 at The Salvation Army at 7:00 p.m. and the community is encouraged to attend and show support.
- 57% of participants have received co-occurring psychiatric services to date.
- 94% of participants referred for primary care services received a comprehensive physical exam to date.
- 85% of participants received family reunification services to date.
- 65% of participants were reunited with their families before graduation to date.
- 100% of participants received job counseling and job referrals.
- 100% of participants are involved in vocational activities (jobs, job training, or education) at discharge.
  - 94% of the last 4 graduating classes are working, with an average wage ranging from \$6.70-\$25.00 per hour at positions such as sales associate, office assistant, restaurant manager, medical assistant, and registered nurse.
- 42 participants have graduated to date that were referred to the VIP-ER Program from the ARF.
- Program clients average 40 years of age, with the youngest client being 18 and the oldest being 62 at time of admission.
- Only 37% report having a high school diploma or GED, 5% have attended a vocational school, and 9% have a post-high school degree.
- Over 92% of the clients report that they are homeless at the time of admission.
- 80% of clients report that they are “unemployed” at the time of admission.
- The most commonly reported “primary” substances used were alcohol (48%), cocaine/crack (36%), heroin (4%) and marijuana/hash (4%).
- For clients who successfully completed the program and who could be located at the time of 3-month follow-up, 74% indicated that they were still sober; at 6-month follow-up, 63%; and at the 12-month follow-up, 56%. These are remarkable results—the national average for sobriety at 12 months out is only 10%.
- 61% had been arrested and convicted in Sarasota County prior to program admission.
- 18% of VIP-ER Program graduates were arrested and convicted in Sarasota County within the 18 month period following graduation.
- Phase 3- Transitional Housing
  - Transitional Resources, Inc. (TRI) has two, six-bed sober houses open in Sarasota for men in recovery (12 beds).
  - Tammi Recovery with Gateways for Positive Living has four houses for men and two for women in north Sarasota County (30 beds). In addition, they have four houses for men and two for women in North Port (34 beds), for a total of 64 beds.
  - First Step (FSoS) has six, 3 bedroom units in an apartment complex encompassing 3 buildings (18 beds).
  - The Transitional Housing Committee will reconvene on May 20 at 3:30 at the Health Department to discuss supply and demand issues, the oversight role of this committee, and possible expansion of the target population for sober housing.
  - Drew Clayton will serve as the new chair for this committee.

### Crisis Stabilization Unit (CSU) Report

- Adult Crisis Unit (January 1, 2007-December 31, 2007)
  - 1,145 admissions—95-monthly average
  - Baker Act admissions—74% of total admissions
  - Average length of stay (including outliers)—6 days
- Children's Crisis Unit (January 1, 2007-December 31, 2007)
  - 404 admissions—34-monthly average
  - Baker Act admissions—79% of total admissions
  - Average length of stay (including outliers)—5 days
  - Juvenile Addictions Receiving Facility (JARF) shared beds on the children's unit
    - 138 admissions—12-monthly average
- Adult Crisis Unit Admissions (January, 2008) 101
- Adult Crisis Unit Admissions (February, 2008) 85
- Adult Crisis Unit Admissions (March, 2008) 86
- Adult Crisis Unit Admissions (April, 2008) 99
  - Children's Crisis Unit Admissions (January, 2008) 27—JARF 7
  - Children's Crisis Unit Admissions (February, 2008) 42—JARF 11
  - Children's Crisis Unit Admissions (March, 2008) 41—JARF 13
  - Children's Crisis Unit Admissions (April, 2008) 39—JARF 17

### Crisis Intervention Team (CIT) Training Committee

- The last class was held April 28-May 2 at the North Port Police Department.
  - 28 participants (primarily law enforcement) graduated.
    - Department of Corrections—2
    - Florida Probation and Parole—1
    - Manatee County Sheriff's Office—4
    - New College Police Department—1
    - North Port Police Department—9
    - Sarasota County Sheriff's Office—6
    - Sarasota Police Department—5
  - To date, 286 law enforcement officers, call center staff, school resource officers, Department of Corrections (probation and parole) staff, and corrections staff have completed CIT Training.
- The next CIT Committee meeting will be May 15 at 2:00 at the Health Department to process and review evaluations from the class.
- The next Florida CIT Coalition meeting is scheduled for June 6, 2008, in Orlando.
- The next CIT class will be in October.

### Partnership for Children's Mental Health

See the separate report at the end of this document.

### Criminal Justice Update

- A group of 10 representatives from Sarasota County recently toured the Washington County, Oregon Community Corrections Center and their Judicial Districts' Early Case Resolution program.
  - Members of the tour included: Judge Charles Roberts, Daryl Promey (Chief Probation Officer), Steve Watson (Public Defender's Office), Chief Larry Dunklee (SCSO), Captain George Scott (SCSO), Chip Taylor (Health

- and Human Services), Wayne Applebee (Health and Human Services), Bryan Pope (The Salvation Army), Phil Gorelick (Jewish Family and Children's Service), and John Ask (Citizen).
- In the Community Corrections Center, the group was able to learn about the Center's philosophical approach, the aesthetics (exterior & interior), the treatment environment, the treatment offerings including victim impact, use of mentors, the transitional housing they provided for both substance abuse and sex offenders, and the tracking of their success.
  - A presentation of the trip, including photos, will be part of the next Criminal Justice Commission meeting on May 19 at 12:00 at the Health Department.
  - In Early Case Resolution, there was an opportunity to observe the system that addresses expedited case processing for criminal offenses for both incarcerated and non-incarcerated individuals. The group learned the benefits of the program, what it takes to make it successful and some impressive results. The Early Case Resolution Program will be presented to the Criminal Justice Commission June 23.
- A second planning meeting to finalize the Sentenced Defendant's Work Program was held, including officials of the Criminal Justice System, the County, the City of Sarasota, and the School Board for the purpose of finalizing the program description. The program is designed to provide an alternate sanction from jail for low level offenders, increase community service, increase employment of offenders, and reduce recidivism. Funding remains the difficult challenge but a review of current contracts which governmental agencies have in place to perform manual labor is one source of revenue under consideration.
  - The Juvenile Assessment Center (JAC) was funded for an additional year at the close of the legislative session. Nine low-volume JAC's in the state will receive a total of \$400,000 less than the previous year. Sarasota County has not learned what portion of that cut will be borne by the Sarasota JAC.
  - An inmate needs assessment is being completed for all the current sentenced and probation violators in the jail. This information will help to determine inmate needs and risks for participation in the new Community Corrections environment. The results will be utilized in the planning of a Community Corrections Center. The Pre-Trial staff, Jail staff and Human Services staff have played a vital role in getting this project completed. The results are expected within one to two weeks.
  - A review of parking ordinances is underway with the Criminal Justice Policy Coordinator, the Office of the County Attorney, and the Sheriff's Office to clarify, simplify, provide consistency, and update all ordinances related to parking regardless of whether a person is at the airport, beach, park, or other county property. It is expected to be a work in progress for several months.
  - A Community Partners meeting will be held May 19 at 10:30 AM in Room 226 at the Health Department. There will be an update on detention planning, education on what role a county jail plays in the community, a discussion on developing necessary site criteria for a jail, and a discussion of the process that will be used for selecting a jail site in Sarasota.
  - The next Criminal Justice Commission Meeting will be May 19 at 12:00 in Room 226 at the Health Department. There will be a presentation of the plans for a new secure detention facility; including concept designs, staffing levels, and a preliminary operational budget.

### Substance Abuse and Mental Health Stakeholders' Consortium Meeting

- The last meeting was May 16.
- There was a presentation from SCAT focusing on the eligibility process for reduced fares and bus passes for clients of the agencies represented at the meeting.
  - SCAT is no longer the provider for clients with Medicaid who need transportation to a doctor appointment—Transportation Management Services (TMS) now provides that service.
  - There are reduced rates for those who do not purchase a monthly pass.
  - If you are a person who fits the criteria for the Americans with Disabilities Act (ADA) or a Medicaid recipient the cost to ride the bus will be free or \$2.00.
  - The most a 30-day pass will cost for a person with disabilities is \$20.00.
  - There is a SCAT employee who will work with clients who need to be trained on how to ride the bus and read the schedules.
  - To determine eligibility for a particular client it would be best to call Dominic Locascio at 952-1147.
- Coastal Behavioral Healthcare (CBH) reported that the expected state funding cuts were far less, overall.
  - There will be a 15% funding cut for mental health administration.
  - It is suspected that there will be a 4% funding cut for pre-paid mental health services and an 8% cut for the Medicaid HMO program.
  - The Juvenile Assessment Center will have a 5% funding cut.
  - The CBH Special Projects—the Compass Center, a residential program for adolescents, and the Family Emergency Treatment Center, will remain fully funded for FY 2008/2009, but there may be cuts FY 2009/2010.
- First Step reported that their residential program (CHOICES), funded by the Department of Corrections and the Mothers and Infants Program, funded by DCF, will remain whole in FY 2008/2009.
- The North Port CHAT reported that they have several projects being developed in their community:
  - They are partnering with the Hanley Center to provide a summer substance abuse prevention program for children.
  - A safety net service—a “warm crisis line” that is based on peer counseling is being developed.
  - The Department of Juvenile Justice will now have a satellite in North Port.
  - They are one of the sponsors for the Citizen’s Call for Action being held May 22 to focus on prescription drug abuse.
- Captain Paul Sutton, with the Sarasota Police Department, commended the Stakeholders’ Consortium and the partners involved in the CART Initiative for the positive outcomes realized since it began. He reported that the number of intoxicated persons needing to be placed under the protective custody of the Marchman Act by the Sarasota Police Department (SPD) has decreased by 75% since the CART Initiative began.
  - In 2003 the SPD was involved with 794 Marchman Acts
  - In 2004, 602
  - In 2005, 599—VIP-ER opened in October, 2005
  - In 2006, 484—The Addictions Receiving facility opened in August, 2006
  - In 2007, 233
  - In 2008, 83 as of April 29

- The average is 20 Marchman Acts per month
  - SPD is responsible for initiating over 60% of the Marchman Acts because most happen in the city limits.
- Captain Sutton indicated that the downtown association has also noticed a change in the numbers of intoxicated persons on the streets and in the doorways of their shops in the morning.
  - The group asked Captain Sutton to notify them of the next meeting of the downtown association for a CART Initiative presentation.
    - The Salvation Army offered to host this meeting if a larger space is needed.
    - The tentative date is June 19 at 7:45 a.m.

The next meeting of the **Acute Care System Task Force** is scheduled for Tuesday, **May 20** at 9:00 at the Health Dept, Room 226.

The next meeting of the **Substance Abuse and Mental Health Stakeholders' Consortium** is scheduled for Friday, **June 20** at 9:00 at the Health Dept, Room 226.

**Please note this change:** Videoconferencing will be available for participants in the southern part of the County at the Venice Health Dept., 7810 Tamiami Tr., in the Healthy Start suite if you **indicate that you will be attending the meeting in Venice.**



**Evaluation Report  
The Traffic Light: Summary of Findings**

**April 2008**

**Issue 13**

Welcome to the 13<sup>th</sup> Sarasota County Early Childhood Mental Health System of Care Evaluation Data Report. As of April 30th, 64 families were receiving SOC services. These families waited an average of 72 days from the day of referral to the date of enrollment. Once they were enrolled, families waited an average of 15 days to receive their first service. Since the inception of the SOC, a total of 97 children and families have been enrolled. Ninety-eight percent of the families have opted to participate in the longitudinal outcome study.

This report will present information on the past five issues of the Evaluation Report. The following table summarizes the “*Traffic Light*” findings from this period of time. The traffic light is a feature of the Monthly Evaluation Reports designed to help readers identify positive (good news), pay attention to (monitor), and challenging evaluation findings.

It is our hope that by putting a summary of the Traffic Light findings in one report, they can be used to:

- 1) Gain an overall picture of the Partnership strengths and weaknesses,
- 2) Prioritize areas for programmatic change and focus, and
- 3) Act as a catalyst to generate ideas for more in-depth evaluation and analysis strategies that would be useful to various System of Care stakeholders.

	Report Title / Date of Report / Issue	Findings
<b>Red Light</b>  (Potential for Concern/ Challenges)	Enrollment & Demographic Information August 2007 Issue 8	<ul style="list-style-type: none"> <li>▪ Agency Representation among Referral Sources: Room for Improvement</li> </ul>
	Continuous Quality Improvement (CQI) Progress Report October 2007 Issue 9	<ul style="list-style-type: none"> <li>▪ Timeliness of Services (Average days) – Lowest 25% compared to other cohort scores</li> </ul>
	Participation in the Development of the Service Plan November 2007 Issue 10	<ul style="list-style-type: none"> <li>▪ Child participation rates</li> </ul>
	Cultural Competence and Service Provision February 2008 Issue 11	<ul style="list-style-type: none"> <li>▪ 26% of the families enrolled in the SOC reported they had not received services in last 6 months</li> </ul>
	Service Provision March 2008 Issue 12	<ul style="list-style-type: none"> <li>▪ Only four families reported receiving respite services</li> <li>▪ Limited use of natural, informal, and non-mental health services and supports were reported by the families</li> </ul>

	Report Title / Date of Report / Issue	Findings
Yellow Light  (Monitor/ Pay Attention)	Enrollment & Demographic Information August 2007 Issue 8	<ul style="list-style-type: none"> <li>25% of the families who were referred either declined services or could not be contacted</li> </ul>
	Continuous Quality Improvement (CQI) Progress Report October 2007 Issue 9	<ul style="list-style-type: none"> <li>Agency Involvement Rate-Treatment Planning – 2<sup>nd</sup> highest quartile (51% to 75%) when compared to cohort sites. (First Team Meeting)</li> </ul>
	Participation in the Development of the Service Plan November 2007 Issue 10	<ul style="list-style-type: none"> <li>Parent Mentor participation</li> <li>Education staff participation</li> <li>Involvement of child welfare staff</li> </ul>
	Cultural Competence and Service Provision February 2008 Issue 11	<ul style="list-style-type: none"> <li>81% of families said their provider did use his/her knowledge of the family's culture to better meet their needs</li> </ul>
	Service Provision March 2008 Issue 12	<ul style="list-style-type: none"> <li>80% of the families reported satisfaction with services received</li> <li>74% of families noted continuity in service personnel</li> <li>71% reported satisfaction with their family life</li> </ul>
Green Light  (Good News)	Enrollment & Demographic Information August 2007 Issue 8	<ul style="list-style-type: none"> <li>Decreasing wait time from 1<sup>st</sup> visit to enrollment</li> <li>Engagement of families from throughout the county</li> </ul>
	Continuous Quality Improvement (CQI) Progress Report October 2007 Issue 9	<ul style="list-style-type: none"> <li>Number of Children Served – Top 25% of all communities in the cohort</li> </ul>
	Participation in the Development of the Service Plan November 2007 Issue 10	<ul style="list-style-type: none"> <li>100% participation by Caregivers and Wraparound Facilitators</li> <li>Engagement of informal supports (i.e., family friends)</li> </ul>
	Cultural Competence and Service Provision February 2008 Issue 11	<ul style="list-style-type: none"> <li>All families reported being treated with respect</li> </ul>
	Service Provision March 2008 Issue 12	<ul style="list-style-type: none"> <li>91% of families reported they helped to choose their child's services</li> <li>91% of families reported they helped to choose their child's treatment goals</li> </ul>